

Secondary School Menu 2023-24

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Soup of the Day Yoghurt Fresh Fruit	Soup of the Day Homemade Shortbread & Ice Cream Fresh Fruit	Soup of the Day Yoghurt Fresh Fruit	Soup of the Day Homemade Custard Creams Fresh Fruit	Soup of the Day Yoghurt Fresh Fruit
Main Course 1	Veggie Sausage Rolls served with Duchesse Potatoes and Baked Beans (V)	Beef Mince Tacos served with Diced Potatoes and Seasonal Salad	Homemade Chickpea Curry served with Rice and Broccoli (Ve)	Vegetable and Lentil Cottage Pie served with Potato Wedges and Seasonal Vegetables (Ve)	Breaded Fish served with Chips and Peas
Main Course 2	Chicken Goujon Wrap served with Duchesse Potatoes and Baked Beans	Quorn Sausage (Ve) in Gravy served with Diced Potatoes and Carrots (V)	Homemade Macaroni Cheese served with Garlic Bread and Broccoli (V)	Beef Burger in a Bun served with Potato Wedges and Seasonal Vegetables	Homemade Arrabiata Pasta served with Chips and Peas (Ve)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Soup of the Day Yoghurt Fresh Fruit	Soup of the Day Homemade Scones Fresh Fruit	Soup of the Day Bruschetta /Yoghurt Fresh Fruit	Soup of the Day Beetroot Brownie Fresh Fruit	Soup of the Day Yoghurt Fresh Fruit
Main Course 1	Homemade Macaroni Cheese served with Garlic Bread and Seasonal Salad (V)	Homemade Beef Cottage Pie served with Broccoli	Quorn Dipper Wrap served with Tomato Salsa and Seasonal Salad (Ve)	Homemade Mild Vegetable Korma served with Rice and Seasonal vegetables (V)	Breaded fish served with Chips and Peas
Main Course 2	Salmon & Sweet Potato Fish Cake served with Potato Wedges and Sweetcorn	Homemade Mild Bean Chilli served with Rice and Broccoli (Ve)	Grilled Sausage served with Baked Beans and Mashed Potato	Cheese and Tomato/- Jackfruit Pizza served with Diced Potatoes and Seasonal Vegetables (V)	Vegetable Tacos served with Chips and Seasonal Salad (V)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Soup of the Day Yoghurt Fresh Fruit	Soup of the Day Homemade Tiffin Fresh Fruit	Soup of the Day Yoghurt Fresh Fruit	Soup of the Day Homemade Apple Crumble & Custard Fresh Fruit	Soup of the Day Cheese and Crackers Fresh Fruit
Main Course 1	Pork Meatballs in Gravy served with Diced Potatoes and Broccoli	Homemade Arrabiata Pasta (Ve) served with Garlic Bread and Seasonal Vegetables (V)	Homemade Creamy Pea and Broccoli Pasta served with Garlic Bread and Carrots (V)	Homemade Chicken Curry served with Rice, Naan Bread and Sweetcorn	Breaded Fish served with Chips and Peas
Main Course 2	Meat Free Burger (Ve) in a Bun served with Diced Potatoes and Broccoli (V)	Vegetable Chow Mein served with Garlic Bread and Seasonal Vegetables (V)	Homemade Scottish Steak Pie served with Mashed Potatoes and Carrots	Vegetable Sweet and Sour (Ve) served with Rice, Naan Bread and Sweetcorn (V)	Veggie Meatballs in a Tomato Sauce served with Chips and Peas

A two Course meal costs £2.40
You may qualify for a free school meal
and clothing grants. Find out more at:
<https://www.argyll-bute.gov.uk/council-tax-and-benefits/benefits-and-grants/free-school-meals-and-clothing-grant>.

In addition to these menus, hot
and cold Grab and Go items,
available daily

(V) – Vegetarian choice
(Ve) – Vegan choice

If your child has a food allergy, please contact the school office.
Full details about our school meals can be found on our website
at
<https://www.argyll-bute.gov.uk/education-and-learning/schools/school-meals>

