Secondary School Menu 2023-24

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	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Week 2	Monday	Tuesday	Wed
	Starter/ Dessert	Soup of the Day Yoghurt	Soup of the Day Homemade Shortbread & Ice Cream	Soup of the Day Yoghurt	Soup of the Doy Homemade Custard Creams	Soup of the Day Yoghurt	Starter/ Dessert	Soup of the Day Yoghurt	Soup of the Day Homemade Scones	Soup Brusch
l		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Fruit	Fre
	Main Course 1	Veggie Sausage Rolls served with Duchesse Potatoes and Baked Beans (V)	Beef Mince Tacos served with Diced Potatoes and Seasonal Salad	Homemade Chickpea Curry served with Rice and Broccoli (Ve)	Vegetable and Lentil Cottage Pie served with Potato Wedges and Seasonal Vegetables (Ve)	Breaded Fish served with Chips and Peas	Main Course 1	Homemade Macaroni Cheese served with Garlic Bread and Seasonal Salad (V)	Homemade Beef Cottage Pie served with Broccolii	Quorn served Salsa o So
	Main Course 2	Chicken Goujon Wrap served with Duchesse Potatoes and Baked Beans	Quorn Sausage (Ve) in Gravy served with Diced Potatoes and Carrots (V)	Homemade Macaroni Cheese served with Garlic Bread and Broccoli (V)	Beef Burger in a Bun served with Potato Wedges and Seasonal Vegetables	Homemade Arrabiata Pasta served with Chips and Peas (Ve)	Main Course 2	Salmon & Sweet Potato Fish Cake served with Potato Wedges and Sweetcorn	Homemade Mild Bean Chilli served with Rice and Broccoli (Ve)	Grille servec Beans

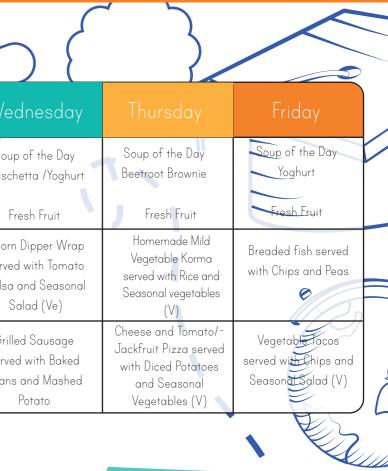
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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday				
Starter/ Dessert	Soup of th <mark>e</mark> Day Yoghurt Fresh Fruit	Soup of the Day Homemade Tiffin Fresh Fruit	Soup of the Day Yoghurt Fresh Fruit	Soup of the Day Homemade Apple Crumble & Custard Fresh Fruit	Soup of the Day Cheese and Crackers Fresh Fruit	A two Course meal costs £2.40 You may qualify for a free school meal and clothing grants. Find out more at:			
Main Course 1	Pork Meatballs in Gravy served with Diced Potatoes and Broccoli	Homemade Arrabiata Pasta (Ve) served with Garlic Bread and Seasonal Vegetables (V)	Homemade Creamy Pea and Broccoli Pasta served with Garlic Bread and Carrots (V)	Homemade Chicken Curry served with Rice, Naan Bread and Sweetcorn	Breaded Fish served with Chips and Peas	https://www.argyll-bute.gov.uk/council-t ax-and-benefits/benefits-and-grants/fr ee-school-meals-and-clothing-grant.			
Main Course 2	Meat Free Burger (Ve) in a Bun served with Diced Potatoes and Broccoli (V)	Vegetable Chow Mein served with Garlic Bread and Seasonal Vegetables (V)	Homemade Scottish Steak Pie served with Mashed Potatoes and Carrots	Vegetable Sweet and Sour (Ve) served with Rice, Naan Bread and Sweetcorn (V)	Veggie Meatballs in a Tomato Sauce served with Chips and Peas	If your child has a food allergy, plea			
		N h				Full details about our school meals			

https://www.argyll-bute.gov.uk/education-and-learning/schools /school-meals

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In addition to these menus, hot and cold Grab and Go items, available daily

> (V) – Vegetarian choice (Ve) - Vegan choice

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