## Early Years Menu 2024-25

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Starter/ Dessert	Flapjack Fresh Fruit	Homemade Lentil (Ve) Fresh Fruit	Ice Cream and Shortbread Fresh Fruit	Yoghurt Fresh Fruit	Corn on the Cob (Ve) Fresh Fruit	
Main Meal	Grilled Sausages and Gravy	Pizza (v)	Vegetarian Pasta Bolognese (v)	Homemade Chicken Korma	Fish Fingers	
Sides	Baby Potatoes	Potato Wedges	Garlic Bread	Rice	Chips	

Unlimited vegetables, fruit and salad are available each day.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Yoghurt Fresh Fruit	Fruit Sponge and Custard	Homemade Tomato Soup (Ve)	Bruschetta Fresh Fruit	Ice Cream and Waffle Finger
	Tresii Truii	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Main Meal	Homemade Tomato Pasta (Ve)	Pork Meatballs in Gravy	BBQ Chicken in a Bun	Quorn Dippers (Ve)	Fish Fingers
Sides	Garlic Bread	Diced Potatoes	Duchess Potatoes	Baby Potatoes	Chips

Unlimited vegetables, fruit and salad are available each day.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/ Dessert	Cheese and Crackers Fresh Fruit	Yoghurt Fresh Fruit	Chocolate Tiffin Fresh Fruit	Ice Cream and Jelly Fresh Fruit	Homemade Lentil Soup (Ve) Fresh Fruit
Main Meal	Homemade Macaroni Cheese (v)	Homemade Chicken Curry	Beef Burger in a Bun	Pizza (v)	Breaded Fish
Sides	Potato Wedges	Rice	Diced Potatoes	Duchess Potatoes	Chips

Unlimited vegetables, fruit and salad are available each day.

All eggs are free range.

All meat and poultry is UK Farm Assured.

All fish served is certified by Marine

Stewardship Council.

Water is available daily.

(V) - Vegetarian choice(Ve) - Vegan choice

All Early Years pupils are now entitled to a free school meal. For more information, please contact the school office, or visit the website. This menu is compliant with The Setting the Table Guidance for Early Years. This ensures more access to fruit and vegetables, reduction in sugar, red and red processed meat and ensures our children and young people have access to an appropriate amount of nutrients such as iron and vitamins.

The menu meets the standard required by the Soil Association Catering Mark Bronze Award, which promotes freshly made, sustainable and farm assured meals.



If your child has a food allergy, please contact the school office.

Full details about our school meals can be found on our website at-

https://www.argyll-bute.gov.uk/education-and-learning/schools/school-meals

