

Argyll and Bute Council  
**Adopted Core Paths Plan**

June 2015

Statutory List of  
Core Paths



Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
3	C001	<b>C001 - Balinoe to Sorobaidh Bay, Tiree</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- trod earth / Slope - gentle / Waymarked / Obstacles - Bridle Gate/s Stile/s	0.1	0.2
145	C002(a)	<b>C002(a) - Mannel to Hynish, Tiree</b>	Moderate	1 mile / 1.3 Km / allow - 1/2 hr	Single Track Road	0.8	1.3
801	C002(b)	<b>C002(b) - Mannel to Hynish, Tiree</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- road, stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles- Stile/s farm gate, section on public road	0.3	0.6
760	C003	<b>C003 - Barrapol to Balephuil Bay, Tiree</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s farm gate	1.4	2.3
259	C004	<b>C004 - Barrapol to Eilean Dubh, Tiree</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s farm gate	1.1	1.8
199	C005	<b>C005 - Kilkenneth to Hough, Tiree</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- farm gate	1.1	1.8
253	C006(a)	<b>C006(a) - Balevullin to Hough, Tiree</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate, cattle grid, section on public road	0.8	1.2
798	C006(b)	<b>C006(b) - Balevullin to Hough, Tiree</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Single Track Road	0.4	0.6
945	C007(a)	<b>C007(a) - Balephetrish to Vaul via The Ringing Stone, Tiree</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Single Track Road	0.0	0.0
4	C007(b)	<b>C007(b) - Balephetrish to Vaul via The Ringing Stone, Tiree</b>	Moderate	3 miles / 4.5 Km / allow - 1 3/4 hrs	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate	2.8	4.5
198	C008(a)	<b>C008(a) - Loch Aulraig to Gott Bay, Tiree</b>	Moderate	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- road, stone track, trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridge/s Kissing Gate/s farm gate, section on public road	1.5	2.3
799	C008(b)	<b>C008(b) - Loch Aulraig to Gott Bay, Tiree</b>	Moderate	1/2 mile / 0.5 Km / allow - 1/4 hr	Single Track Road	0.3	0.5
131	C009	<b>C009 - Salum to Miodar, Tiree</b>	Moderate	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Kissing Gate/s farm gate	1.3	2.1
185	C010(a)	<b>C010(a) - Caolas to Port Ban, Tiree</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Single Track Road	0.5	0.9
800	C010(b)	<b>C010(b) - Caolas to Port Ban, Tiree</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- road & stone track / Slope - gentle / Waymarked / Obstacles- farm gate, section on public road	0.5	0.7
193	C011	<b>C011 - Kirkapol Chapels, Tiree</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate	0.2	0.3
41	C012(a)	<b>C012(a) - RSPB car park to Ben Feall, Coll</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- trod earth / Slope - steep / Waymarked / Obstacles-	0.8	1.3
802	C012(b)	<b>C012(b) - RSPB car park to Ben Feall, Coll</b>	Moderate	1/4 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
111	C013	<b>C013 - Feall Bay to Calgary Point, Coll</b>	Not Graded	2 miles / 3.1 Km / allow - 1 1/4hr	Path- trod earth & sand / Slope - moderate / Waymarked / Obstacles- Stile/s farm gate	1.9	3.1
147	C014	<b>C014 - Crossapol Bay, Coll</b>	Not Graded	2 1/2 miles / 3.7 Km / allow - 1 1/2 hrs	Path- trod earth, sand & stone track / Slope - moderate / Waymarked / Obstacles- farm gate	2.3	3.7
273	C015(a)	<b>C015(a) - RSPB Car Park to Port na Luing, Isle of Coll</b>	Moderate	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road / Slope - gentle / Not Waymarked	0.1	0.1
40	C015(b)	<b>C015(b) - RSPB Car Park to Port na Luing, Coll</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/4 hr	Stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate, path passes through farm please take care	0.5	0.8
97	C016	<b>C016 - Totronald to Hogh Bay, Coll</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- stone track, sand & trod earth / Slope - gentle / Waymarked / Obstacles- farm gate	0.6	0.9
1	C017	<b>C017 - Ballyheagh to Ban Hogh, Coll</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s path crosses fence no gate at present	0.4	0.7
112	C018	<b>C018 - Torastan to beach, Coll</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- trod earth & sand / Slope - gentle / Waymarked / Obstacles-	0.4	0.6
248	C020(a)	<b>C020(a) - Carnan Road/School/Main Street, Coll</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins	Single Track Road	0.2	0.3
822	C020(b)	<b>C020(b) - Carnan Road/School/Main Street, Coll</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- road & trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s section on public road	0.1	0.1
177	C021	<b>C021 - Ferry Terminal to Arinagour, Coll</b>	Moderate	3/4 mile / 1.0 Km / allow - 1/2 hr	Single Track Road / Slope - gentle / Not Waymarked / Obstacles- all on public road	0.6	1.0
182	C022	<b>C022 - Craignure Pier to Java House</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s	0.5	0.9
777	C024(a)	<b>C024(a) - Garmony Costal Path</b>	Moderate	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track / Slope - gentle	1.0	1.5
776	C024(b)	<b>C024(b) - Garmony Costal Path</b>	Moderate	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track / Slope - gentle	1.1	1.8

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
188	C025(a)	<b>C025(a) - Scallastle</b>	Strenuous	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s narrow bridges <1.2m wide, farm gate	1.0	1.7
643	C025(b)	<b>C025(b) - Coille an Fhraoich Mhoir, Craignure</b>	Strenuous	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s narrow bridges <1.2m wide, farm gate	0.7	1.1
642	C025(c)	<b>C025(c) - Coille an Fhraoich Mhoir, Craignure</b>	Strenuous	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s narrow bridges <1.2m wide, farm gate	0.2	0.3
785	C026(a)	<b>C026(a) - Killechranon to Glenaros Farm, Mull</b>	Not Graded	2 3/4 miles / 4.1 Km / allow - 1 1/2 hrs	Path- stone track grass & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	2.6	4.1
810	C026(b)	<b>C026(b) - Salen Killechranon circular</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Public Road / Slope gentle / Not Waymarked	0.2	0.4
512	C026(c)	<b>C026(c) - Salen Killechranon circular</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path stone track - grass	0.7	1.2
245	C026(d)	<b>C026(d) - Salen Killechranon circular</b>	Not Graded	1/2 mile / 0.5 Km / allow - 10 mins	Path stone track - grass	0.3	0.5
73	C027(a)	<b>C027(a) - Salen Pier Road Walk</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- road / Slope - flat / Not Waymarked / Obstacles- sections on public road	0.9	1.4
950	C027(b)	<b>C027 - Salen Pier Road Walk</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Private road and timber decked pier / Slope - gentle / Not Waymarked / Obstacles- farm gate - Take care when using pier, surface may be slippery and significant drop into water	0.1	0.2
12	C029	<b>C029 - Eas Brae, Main Street, Tobermory</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- road / Slope - steep / Waymarked / Obstacles- all on pavement	0.4	0.6
62	C030(a)	<b>C030(a) - Breadalbane Street, School - Middle Brae</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Public Road / Slope - moderate / Waymarked	0.4	0.6
358	C030(b)	<b>C030(b) - Breadalbane Street, School - Middle Brae</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Public Road / Slope - moderate / Waymarked	0.2	0.3
371	C031(a)	<b>C031(a) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	1.1	1.8
372	C031(b)	<b>C031(b) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	0.6	1.0
373	C031(c)	<b>C031(c) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	2 miles / 2.9 Km / allow - 1 hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	1.8	2.9
374	C031(d)	<b>C031(d) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	0.9	1.4
375	C031(e)	<b>C031(e) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	1.3	2.1
377	C031(f)	<b>C031(f) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Not Graded	2 1/4 miles / 3.3 Km / allow - 1 1/4hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	2.1	3.3
174	C031(g)	<b>C031(g) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	3 3/4 miles / 5.9 Km / allow - 2 1/4 hrs	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	3.7	5.9
378	C031(h)	<b>C031(h) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	2 1/4 miles / 3.4 Km / allow - 1 1/4hr	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	2.1	3.4
376	C031(i)	<b>C031(i) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	2 1/2 miles / 3.9 Km / allow - 1 1/2 hrs	Path- Forest road & stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s cattle grids, farm gates	2.4	3.9
804	C031(j)	<b>C031(j) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Moderate	1 mile / 1.5 Km / allow - 1/2 hr	Single Track Road	0.9	1.5
809	C031(k)	<b>C031(k) - Loch Frisa, Glengorm, Ardmore, Tobermory link</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road	0.1	0.1
805	C032(a)	<b>C032(a) - Tobermory Lighthouse Costal Path</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Path- public road, stone track & trod earth / Slope - steep / Waymarked	0.2	0.3
511	C032(b)	<b>C032(b) - Tobermory Lighthouse Costal Path</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- the path is narrow in places	0.2	0.4
107	C032(c)	<b>C032(c) - Tobermory Lighthouse Costal Path</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- the path is narrow in places	1.1	1.7
173	C033	<b>C033 - Ardmore costal path, Mishnish</b>	Moderate	2 miles / 3.0 Km / allow - 1 1/4hr	Path- stone track, trod earth & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s	1.9	3.0
807	C034(a)	<b>C034(a) - Dun Ara Castle, Glen Gorm</b>	Not Graded	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- Stile/s 3 farm gates	1.2	2.0
808	C034(b)	<b>C034(b) - Dun Ara Castle, Glen Gorm</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Public Road	0.2	0.4
181	C035(a)	<b>C035(a) - Quinish Glengorm link</b>	Moderate	2 miles / 3.0 Km / allow - 1 1/4hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s farm gates	1.9	3.0
514	C035(b)	<b>C035(b) - Quinish Glengorm link</b>	Moderate	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s farm gates	1.1	1.7

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823	C035(c)	<b>C035(c) - Quinish Glengorm link</b>	Moderate	1/4 mile / 0.2 Km / allow - 5 mins	Public Road	0.2	0.2
946	C036(a)	<b>C036(a) - Quinish Point Circular, Dervaig</b>	Easy	1 mile / 0.8 Km / allow - 1/2 hr	Path- Single Track Road / Slope - flat / Not Waymarked	0.8	1.3
61	C036(b)	<b>C036(b) - Quinish Point Circular, Dervaig</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- road, stone track & grass / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s Cattle grids, farm gates, section on public road	1.6	2.5
781	C036(c)	<b>C036(c) - Quinish Point Circular, Dervaig</b>	Not Graded	1 3/4 miles / 2.6 Km / allow - 1 hr	Path- road, stone track & grass / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s Cattle grids, farm gates, section on public road	1.6	2.6
515	C037	<b>C037 - Treshnish Head, Mull</b>	Not Graded	5 1/4 miles / 8.1 Km / allow - 3 hrs	Path- stone track, trod earth & grass / Slope - steep / Not Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s several farm gates	5.1	8.1
75	C038	<b>C038 - Calgary Pier Walk</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Kissing Gate/s farm gates	0.7	1.0
175	C039	<b>C039 - Croggan to Portfield, Loch Spelvie</b>	Not Graded	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- Bridge/s	1.2	2.0
516	C040(a)	<b>C040(a) - Tormore Circular, Fionphort</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Single Track Road	0.1	0.2
812	C040(b)	<b>C040(b) - Tormore Circular, Fionphort</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- cattle grid, 2 farm gates, steps	0.0	0.1
72	C040(c)	<b>C040(c) - Tormore Circular, Fionphort</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- cattle grid, 2 farm gates, steps	0.5	0.9
517	C040(d)	<b>C040(d) - Tormore Circular, Fionphort</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- cattle grid, 2 farm gates, steps	0.0	0.0
518	C040(e)	<b>C040(e) - Tormore Circular, Fionphort</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- cattle grid, 2 farm gates, steps	0.4	0.7
519	C040(f)	<b>C040(f) - Tormore Circular, Fionphort</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- cattle grid, 2 farm gates, steps	0.2	0.4
520	C040(g)	<b>C040(g) - Tormore Circular, Fionphort</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- cattle grid, 2 farm gates, steps	0.2	0.4
813	C040(h)	<b>C040(h) - Tormore Circular, Fionphort</b>	Easy	1/4 mile / 0.3 Km / allow - 10 mins	Single Track Road	0.2	0.3
521	C041(a)	<b>C041(a) - Pottie Circular, Fionphort</b>	Easy	2 1/2 miles / 3.8 Km / allow - 1 1/4hr	Single Track Road	2.3	3.8
183	C041(b)	<b>C041(b) - Pottie Circular, Fionphort</b>	Not Graded	1 3/4 miles / 2.7 Km / allow - 1 hr	Path- road & stone track / Slope - gentle / Not Waymarked / Obstacles- cattle grid, steps, farm gate, section on public road	1.7	2.7
811	C041(c)	<b>C041(c) - Pottie Circular, Fionphort</b>	Easy	1 1/2 miles / 2.2 Km / allow - 3/4 hr	Single Track Road	1.4	2.2
283	C042(a)	<b>C042(a) - Burg Walk, Mull</b>	Not Graded	2 1/4 miles / 3.4 Km / allow - 1 1/4hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- Bridle Gate/s farm gate, metal ladder , path is narrow in places	2.1	3.4
67	C042(b)	<b>C042(b) - Burg Walk, Mull</b>	Not Graded	3 3/4 miles / 6.1 Km / allow - 2 1/4 hrs	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- Bridle Gate/s farm gate, metal ladder , path is narrow in places	3.8	6.1
522	C043(a)	<b>C043(a) - Ulva Island Walk</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s 3 farm gates	0.1	0.2
747	C043(b)	<b>C043(b) - Ulva Island Walk</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s 3 farm gates	0.9	1.4
748	C043(c)	<b>C043(c) - Ulva Island Walk</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s 3 farm gates	0.6	0.9
523	C043(d)	<b>C043(d) - Ulva Island Walk</b>	Not Graded	3/4 mile / 1.3 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s 3 farm gates	0.8	1.3
745	C043(e)	<b>C043(e) - Ulva Island Walk</b>	Not Graded	2 1/4 miles / 3.4 Km / allow - 1 1/4hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s 3 farm gates	2.1	3.4
746	C043(f)	<b>C043(f) - Ulva Island Walk</b>	Not Graded	4 1/4 miles / 6.7 Km / allow - 2 1/2 hrs	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s 3 farm gates	4.2	6.7
782	C044(a)	<b>C044(a) - North Beach Walk Iona</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Single Track Road	0.1	0.2
783	C044(b)	<b>C044(b) - North Beach Walk Iona</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Single Track Road	0.2	0.4
524	C045(a)	<b>C045(a) - The Priory - Ornsary</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- sand & stone track / Slope - gentle / Not Waymarked / Obstacles- a section of the path is tidal check tide times locally	1.2	1.9
525	C045(b)	<b>C045(b) - The Priory - Ornsary</b>	Easy	1 1/4 miles / 1.8 Km / allow - 1/2 hr	Single Track Road	1.1	1.8
787	C046	<b>C046 - Ardskenish, Colonsay</b>	Not Graded	3 1/4 miles / 4.9 Km / allow - 2 hrs	Path- grass & stone track / Slope - gentle / Not Waymarked	3.0	4.9

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100	C047	<b>C047 - Scalasaig to Beinn Nan Gudairean view point</b>	Not Graded	3/4 mile / 1.3 Km / allow - 1/2 hr	Path- grass & stone track / Not Waymarked	0.8	1.3
99	C048	<b>C048 - Balnahard Beach, Colonsay</b>	Not Graded	3 1/4 miles / 5.2 Km / allow - 2 hrs	Path- grass & stone track / Not Waymarked	3.2	5.2
33	C050(a)	<b>C050(a) - Craighouse - Crackaig circular</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- grass / Slope - steep / Not Waymarked / Obstacles- Stile/s farm gate,	0.3	0.4
824	C050(b)	<b>C050(b) - Craighouse - Crackaig circular</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Single Track Road	0.1	0.2
526	C051(a)	<b>C051(a) - Keils and Cill Earnabail</b>	Easy	3/4 mile / 1.1 Km / allow - 1/2 hr	Single Track Road	0.7	1.1
529	C051(b)	<b>C051(b) - Keils and Cill Earnabail</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Single Track Road	0.3	0.4
527	C051(c)	<b>C051(c) - Keils and Cill Earnabail</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Stile/s farm gate, sections are on public road	0.2	0.2
825	C051(d)	<b>C051(d) - Keils and Cill Earnabail</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Stile/s farm gate, sections are on public road	0.2	0.4
528	C051(e)	<b>C051(e) - Keils and Cill Earnabail</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Stile/s farm gate, sections are on public road	0.4	0.6
826	C051(f)	<b>C051(f) - Keils and Cill Earnabail</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Single Track Road	0.4	0.6
252	C052(a)	<b>C052(a) - Corran River/Sands</b>	Easy	1 mile / 1.3 Km / allow - 1/2 hr	Single Track Road	0.8	1.3
34	C052(b)	<b>C052(b) - Corran River/Sands</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- grass & boardwalk / Slope - moderate / Waymarked / Obstacles- sections are on public road	0.7	1.1
35	C052(c)	<b>C052(c) - Corran River/Sands</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- grass & boardwalk / Slope - moderate / Waymarked / Obstacles- sections are on public road	0.4	0.6
125	C053	<b>C053 - Corryvreckan</b>	Not Graded	6 1/2 miles / 10.5 Km / allow - 3 3/4 hrs	Path- stone track, grass / Slope - moderate / Waymarked / Obstacles- farm gates, cattle grids	6.5	10.5
530	C054	<b>C054 - Ardnave Point, Gruinart</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- farm gate, take care past farm yard and buildings	1.2	1.9
203	C055	<b>C055 - Saligo Bay, Kilchoman</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- grass / Slope - steep / Not Waymarked / Obstacles- farm gate	0.3	0.4
58	C056(a)	<b>C056(a) - Kilchoman to Kilchianran</b>	Easy	1 mile / 1.3 Km / allow - 1/2 hr	Single Track Road	0.8	1.3
531	C056(b)	<b>C056(b) - Kilchoman to Kilchianran</b>	Not Graded	1 mile / 1.6 Km / allow - 1/2 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- Bridle Gate/s farm gate	1.0	1.6
827	C056(c)	<b>C056(c) - Kilchoman to Kilchianran</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- Bridle Gate/s farm gate	0.7	1.1
532	C057	<b>C057 - Octofad to Portnahaven, Rhinns of Islay</b>	Easy	2 1/4 miles / 3.4 Km / allow - 1 hr	Single Track Road / Slope - moderate / Waymarked / Obstacles- farm gate	2.1	3.4
533	C058(a)	<b>C058(a) - Portnahaven circular</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- road & grass / Slope - steep / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate, section on public road	0.6	0.9
534	C058(b)	<b>C058(b) - Portnahaven circular</b>	Easy	2 miles / 3.0 Km / allow - 1 hr	Single Track Road	1.9	3.0
535	C058(c)	<b>C058(c) - Portnahaven circular</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Single Track Road	0.4	0.6
958	C058(d)	<b>C058(d) - Portnahaven circular</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Path- Single track road / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	0.6	0.9
55	C060	<b>C060 - Uiskentuie to Traigh an Luig the Strand</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- grass / Slope - flat / Waymarked / Obstacles-	1.6	2.5
536	C061(a)	<b>C061(a) - Loch Gruinart dunes</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	0.1	0.2
648	C061(b)	<b>C061(b) - Loch Gruinart dunes</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	0.1	0.2
649	C061(c)	<b>C061(c) - Loch Gruinart dunes</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	0.8	1.3
650	C061(d)	<b>C061(d) - Loch Gruinart dunes</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	0.4	0.7
651	C061(e)	<b>C061(e) - Loch Gruinart dunes</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	1.0	1.5
652	C061(f)	<b>C061(f) - Loch Gruinart dunes</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	0.2	0.4

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
653	C061(g)	<b>C061(g) - Loch Gruinart dunes</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track & grass / Slope - gentle / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	1.2	1.9
658	C063(a)	<b>C063(a) - Bridgend circular</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Estate Tracks	0.9	1.5
655	C063(b)	<b>C063(b) - Bridgend circular</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Estate Tracks	0.4	0.7
656	C063(c)	<b>C063(c) - Bridgend circular</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Estate Tracks	0.8	1.3
657	C063(d)	<b>C063(d) - Bridgend circular</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Estate Tracks	0.2	0.3
659	C063(e)	<b>C063(e) - Bridgend circular</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Estate Tracks	0.1	0.1
660	C063(f)	<b>C063(f) - Bridgend circular</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Estate Tracks	1.4	2.2
654	C063(g)	<b>C063(g) - Bridgend circular</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Estate Tracks	1.4	2.2
661	C064(a)	<b>C064(a) - Ballygrant to Port Askaig</b>	Easy	2 3/4 miles / 4.4 Km / allow - 1 1/2 hrs	Single Track Road	2.7	4.4
662	C064(b)	<b>C064(b) - Ballygrant to Port Askaig</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- road & stone track / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate, section on public road	0.5	0.8
663	C064(c)	<b>C064(c) - Ballygrant to Port Askaig</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road & stone track / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate, section on public road	0.7	1.2
220	C064(d)	<b>C064(d) - Ballygrant to Port Askaig</b>	Not Graded	2 1/2 miles / 4.0 Km / allow - 1 1/2 hrs	Path- road & stone track / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate, section on public road	2.5	4.0
828	C064(e)	<b>C064(e) - Ballygrant to Port Askaig</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
122	C065(a)	<b>C065(a) - Ballygrant circular to Bunnahabhain</b>	Not Graded	4 1/4 miles / 6.5 Km / allow - 2 1/2 hrs	Path- road & stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate, sections on public road	4.0	6.5
829	C065(b)	<b>C065(b) - Ballygrant circular to Bunnahabhain</b>	Easy	1 1/4 miles / 1.7 Km / allow - 1/2 hr	Single Track Road	1.0	1.7
53	C066	<b>C066 - Bunnahabhain to Rubh 'a' Mhail</b>	Not Graded	3 3/4 miles / 5.9 Km / allow - 2 1/4 hrs	Path- trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s gate	3.7	5.9
87	C067(a)	<b>C067(a) - Ardtalla to Proaig</b>	Easy	2 3/4 miles / 4.2 Km / allow - 1 1/4hr	Single Track Road	2.6	4.2
664	C067(b)	<b>C067(b) - Ardtalla to Proaig</b>	Not Graded	2 1/4 miles / 3.6 Km / allow - 1 1/4hr	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate, section on public road	2.2	3.6
665	C068(a)	<b>C068(a) - Bowmore to Saltpan Point circular</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate, section on public road	0.5	0.8
666	C068(b)	<b>C068(b) - Bowmore to Saltpan Point circular</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate, section on public road	0.4	0.7
667	C068(c)	<b>C068(c) - Bowmore to Saltpan Point circular</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate, section on public road	0.4	0.6
668	C068(d)	<b>C068(d) - Bowmore to Saltpan Point circular</b>	Not Graded	3 miles / 4.7 Km / allow - 1 3/4 hrs	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gate, section on public road	2.9	4.7
669	C068(e)	<b>C068(e) - Bowmore to Saltpan Point circular</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Single Track Road	0.7	1.2
830	C068(f)	<b>C068(f) - Bowmore to Saltpan Point circular</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road	0.0	0.1
948	C068(g)	<b>C068(g) - Bowmore to Saltpan Point circular</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Single Track Road	0.1	0.2
831	C069(a)	<b>C069(a) - Laggan Bay dunes, Bowmore</b>	Easy	1 mile / 1.4 Km / allow - 1/2 hr	Single Track Road	0.9	1.4
54	C069(b)	<b>C069(b) - Laggan Bay dunes, Bowmore</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 3/4 hr	Path- stone track, grass & dune / Slope - steep / Waymarked / Obstacles- Kissing Gate/s farm gate	1.0	1.6
90	C070	<b>C070 - Glenevedale to Laggan Bay dunes</b>	Not Graded	1 1/2 miles / 2.4 Km / allow - 1 hr	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate	1.5	2.4
91	C071	<b>C071 - Kintra to Standing Stones, Port Ellen</b>	Not Graded	2 miles / 3.0 Km / allow - 1 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- farm gate	1.8	3.0
670	C072(a)	<b>C072(a) - Port Ellen to Kilnaughton Bay</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Single Track Road	0.7	1.2
671	C072(b)	<b>C072(b) - Port Ellen to Kilnaughton Bay</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- road, stone track & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gate, section on public road	0.5	0.8

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
832	C073(a)	<b>C073(a) - Mull of Oa circular</b>	Easy	1/4 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
672	C073(b)	<b>C073(b) - Mull of Oa circular</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track, board walk & trod earth / Slope - moderate / Waymarked / Obstacles- Kissing Gate/s farm gate, cattle grid	0.8	1.4
673	C073(b)	<b>C073(b) - Mull of Oa circular</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track, board walk & trod earth / Slope - moderate / Waymarked / Obstacles- Kissing Gate/s farm gate, cattle grid	0.9	1.5
674	C074(a)	<b>C074(a) - Torradale circular, Port Ellen</b>	Easy	1 mile / 1.4 Km / allow - 1/2 hr	Single Track Road	0.9	1.4
5	C074(b)	<b>C074(b) - Torradale circular, Port Ellen</b>	Easy	2 miles / 2.8 Km / allow - 1 hr	Single Track Road	1.8	2.8
675	C075(a)	<b>C075(a) - The Ard, Port Ellen</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
676	C075(b)	<b>C075(b) - The Ard, Port Ellen</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s section on public road	0.7	1.1
148	C077	<b>C077 - Ardbeg to Solam</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- stone track & grass / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gate	1.6	2.5
833	C080(a)	<b>C080 (a) - Ship yard to Kilchouland</b>	Easy	1 1/4 miles / 1.9 Km / allow - 1/2 hr	Public Road with footway	1.2	1.9
42	C080(b)	<b>C080(b) - Ship yard to Kilchouland</b>	Not Graded	1 3/4 miles / 2.8 Km / allow - 1 hr	Path- stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles-	1.7	2.8
834	C081(a)	<b>C081(a) - Campbeltown Pier to Davaar Island car park</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Public Road / Slope - gentle / Not Waymarked / all on pavement	0.2	0.3
835	C081(b)	<b>C081(b) - Campbeltown Pier to Davaar Island car park</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Tarmac Path / Slope - gentle / Not Waymarked	0.4	0.7
187	C081(c)	<b>C081(c) - Campbeltown Pier to Davaar Island car park</b>	Easy	1 1/2 miles / 2.2 Km / allow - 3/4 hr	Public Road / Slope - gentle / Not Waymarked / all on pavement	1.4	2.2
951	C082(a)	<b>C082 - Shore road to High School</b>	Not Graded	1/4 mile / 0.4 Km / allow - 5 mins	Path- stone track & grass / Slope - moderate / Not Waymarked / Obstacles- farm gate	0.2	0.4
225	C082(b)	<b>C082(b) - Shore road to High School</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Public Road	0.5	0.8
677	C083(a)	<b>C083(a) - Benguilan Forest circular walk</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s Stile/s farm gate	0.7	1.1
678	C083(b)	<b>C083(b) - Benguilan Forest circular walk</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s Stile/s farm gate	1.3	2.1
679	C083(c)	<b>C083(c) - Benguilan Forest circular walk</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s Stile/s farm gate	0.6	1.0
836	C083(d)	<b>C083(d) - Benguilan Forest circular walk</b>	Moderate	3/4 mile / 0.9 Km / allow - 1/2 hr	Public Road	0.6	0.9
134	C084	<b>C084 - Campbeltown to Stewarton</b>	Easy	1 3/4 miles / 2.7 Km / allow - 1 hr	Public Rod / Slope - gentle / Waymarked / Obstacles- sections on public road and pavement	1.7	2.7
65	C085	<b>C085 - Stewarton to Machrihanish</b>	Easy	4 1/2 miles / 7.0 Km / allow - 2 1/4 hrs	Public road / Slope - gentle / Waymarked / Obstacles- part of the Kintyre Way on public road or pavement	4.3	7.0
64	C086	<b>C086 - Machrihanish to West Port</b>	Not Graded	4 miles / 6.2 Km / allow - 2 1/4 hrs	Path- trod earth & sand / Slope - gentle / Waymarked / Obstacles- Bridge/s Kissing Gate/s	3.9	6.2
233	C087	<b>C087 - Sound of Kintyre housing to beach</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- trod earth & sand / Slope - gentle / Not Waymarked / Obstacles- farm gate	1.1	1.7
794	C088(a)	<b>C088(a) - Campbeltown to Cloanaig</b>	Easy	1 1/4 miles / 1.7 Km / allow - 1/2 hr	Single Track Road	1.1	1.7
687	C088(b)	<b>C088(b) - Campbeltown to Cloanaig</b>	Strenuous	12 3/4 miles / 20.4 Km / allow - 6 1/2 hrs	Single Track Road	12.7	20.4
685	C088(c)	<b>C088(c) - Campbeltown to Cloanaig</b>	Easy	1 mile / 1.5 Km / allow - 1/2 hr	Single Track Road	0.9	1.5
684	C088(d)	<b>C088(d) - Campbeltown to Cloanaig</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Single Track Road	0.2	0.4
682	C088(e)	<b>C088(e) - Campbeltown to Cloanaig</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Single Track Road	0.3	0.4
683	C088(f)	<b>C088(f) - Campbeltown to Cloanaig</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- road, stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, section on public road is part of the National Cycle Network	0.5	0.8
681	C088(g)	<b>C088(g) - Campbeltown to Cloanaig</b>	Easy	3 miles / 4.5 Km / allow - 1 1/2 hrs	Single Track Road	2.8	4.5
750	C088(h)	<b>C088(h) - Campbeltown to Cloanaig</b>	Easy	3/4 mile / 0.9 Km / allow - 1/2 hr	Single Track Road	0.6	0.9



Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
752	C088(i)	<b>C088(i) - Campbeltown to Cloanaig</b>	Not Graded	2 miles / 3.2 Km / allow - 1 1/4hr	Path- road, stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, section on public road is part of the National Cycle Network	2.0	3.2
751	C088(j)	<b>C088(j) - Campbeltown to Cloanaig</b>	Not Graded	3 1/4 miles / 5.2 Km / allow - 2 hrs	Path- road, stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, section on public road is part of the National Cycle Network	3.2	5.2
272	C088(k)	<b>C088(k) - Campbeltown to Cloanaig</b>	Not Graded	1 3/4 miles / 2.6 Km / allow - 1 hr	Path- road, stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, section on public road is part of the National Cycle Network	1.6	2.6
680	C088(l)	<b>C088(l) - Campbeltown to Cloanaig</b>	Moderate	5 1/2 miles / 9.1 Km / allow - 3 hrs	Single Track Road	5.6	9.1
749	C088(m)	<b>C088(m) - Campbeltown to Cloanaig</b>	Strenuous	1/2 mile / 0.7 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, section on public road is part of the National Cycle Network	0.4	0.7
837	C088(n)	<b>C088(n) - Campbeltown to Cloanaig</b>	Easy	1/2 mile / 0.7 Km / allow - 1/4 hr	Single Track Road	0.4	0.7
686	C088(o)	<b>C088(o) - Campbeltown to Cloanaig</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, section on public road is part of the National Cycle Network	0.8	1.2
271	C089	<b>C089 - Uisaed, Machrihanish circular (bird observatory)</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles- Stile/s farm gate, cattle grid	0.9	1.5
755	C090(a)	<b>C090(a) - Machrihanish to The Inneans and Southend</b>	Easy	1 1/4 miles / 1.9 Km / allow - 1/2 hr	Single Track Road	1.2	1.9
838	C090(b)	<b>C090(b) - Machrihanish to The Inneans and Southend</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- farm gate, section on public road	0.4	0.7
384	C090(c)	<b>C090(c) - Machrihanish to The Inneans and Southend</b>	Not Graded	2 3/4 miles / 4.2 Km / allow - 1 1/2 hrs	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- farm gate, section on public road	2.6	4.2
754	C090(d)	<b>C090(d) - Machrihanish to The Inneans and Southend</b>	Not Graded	6 1/2 miles / 10.3 Km / allow - 3 3/4 hrs	Path- stone track & rough trod earth / Slope - moderate / Waymarked / Obstacles- farm gates	6.4	10.3
756	C090(e)	<b>C090(e) - Machrihanish to The Inneans and Southend</b>	Easy	3 miles / 4.6 Km / allow - 1 1/2 hrs	Single Track Road	2.9	4.6
757	C090(f)	<b>C090(f) - Machrihanish to The Inneans and Southend</b>	Easy	2 miles / 2.8 Km / allow - 1 hr	Single Track Road	1.8	2.8
753	C090(g)	<b>C090(g) - Machrihanish to The Inneans and Southend</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- farm gates, farm road	0.5	0.8
383	C090(h)	<b>C090(h) - Machrihanish to The Inneans and Southend</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- farm gate, section on public road	0.5	0.8
270	C091	<b>C091 - Old township, Ballygroggan</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Path- grass / Slope - moderate / Waymarked / Obstacles- farm gate	1.3	2.2
385	C092(a)	<b>C092(a) - Mull of Kintyre lighthouse</b>	Moderate	5 1/2 miles / 9.1 Km / allow - 3 hrs	Path- Single track road / Slope - steep / Waymarked / Obstacles- farm gates	5.7	9.1
386	C092(b)	<b>C092(b) - Mull of Kintyre lighthouse</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- surfaced track - broken surface / Slope - steep / Waymarked / Obstacles- farm gates	1.5	2.5
387	C093(a)	<b>C093(a) - Carradale Forest circular</b>	Strenuous	1 mile / 1.3 Km / allow - 1/2 hr	Path- road & stone track, / Slope - steep / Waymarked / Obstacles- Bridge/s farm gate	0.8	1.3
195	C093(b)	<b>C093(b) - Carradale Forest circular</b>	Strenuous	5 1/4 miles / 8.5 Km / allow - 3 1/2 hrs	Path- road & stone track, / Slope - steep / Waymarked / Obstacles- Bridge/s farm gate	5.3	8.5
388	C094(a)	<b>C094(a) - Tayinloan-Carradale East-West link</b>	Not Graded	2 miles / 3.3 Km / allow - 1 1/4hr	Path- road & stone track, / Slope - steep / Waymarked / Obstacles- Bridge/s farm gate	2.1	3.3
79	C094(b)	<b>C094(b) - Tayinloan-Carradale East-West link</b>	Not Graded	8 miles / 12.9 Km / allow - 4 3/4 hrs	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate	8.0	12.9
389	C094(c)	<b>C094(c) - Tayinloan-Carradale East-West link</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate	1.2	1.9
247	C095(a)	<b>C095(a) - Gigha Ferry peir - Ardmore Gdns - South Peir</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- public road / Slope - flat / Waymarked / Obstacles- Stile/s farm gate, section on public road	0.3	0.4
839	C095(b)	<b>C095(b) - Gigha Ferry peir - Ardmore Gdns - South Peir</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- trod earth / Slope - flat / Waymarked / Obstacles- Stile/s farm gate, section on public road	0.2	0.3
390	C095(c)	<b>C095(c) - Gigha Ferry peir - Ardmore Gdns - South Peir</b>	Easy	1 3/4 miles / 2.5 Km / allow - 3/4 hr	Path- trod earth / Slope - flat / Waymarked / Obstacles- Stile/s farm gate, section on public road	1.5	2.5
602	C096(a)	<b>C096(a) - Gigha Jetty - Creag Bhan - Port Mor</b>	Easy	3 1/2 miles / 5.7 Km / allow - 2 hrs	Single Track Road / Slope - steep / Not Waymarked / Obstacles- farm gate, cattle grid	3.5	5.7
603	C096(b)	<b>C096(b) - Gigha Jetty - Creag Bhan - Port Mor</b>	Easy	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gate, cattle grid	0.6	0.9
391	C097(a)	<b>C097(a) - Carradale Bay circular</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- road, stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- farm gate	0.4	0.7
60	C097(b)	<b>C097(b) - Carradale Bay circular</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- road, stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- farm gate	1.5	2.5

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
392	C097(c)	<b>C097(c) - Carradale Bay circular</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- farm gate	0.6	1.0
393	C097(d)	<b>C097(d) - Carradale Bay circular</b>	Strenuous	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- farm gate	0.5	0.8
192	C098	<b>C098 - Davaar Island, Cave Painting</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- stone track, trod earth & sand / Slope - moderate / Waymarked / Obstacles- farm gate, the path out to the island is tidal check tide times locally	1.5	2.3
394	C099(a)	<b>C099(a) - Tarbert to Skipness</b>	Moderate	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s chicanes, farm gates, steps	0.4	0.6
840	C099(b)	<b>C099(b) - Tarbert to Skipness</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins	Public Road	0.2	0.3
346	C099(c)	<b>C099(c) - Tarbert to Skipness</b>	Moderate	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s chicanes, farm gates, steps	1.0	1.7
345	C099(d)	<b>C099(d) - Tarbert to Skipness</b>	Moderate	1 mile / 1.6 Km / allow - 1/2 hr	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s chicanes, farm gates, steps	1.0	1.6
344	C099(e)	<b>C099(e) - Tarbert to Skipness</b>	Not Graded	5 1/2 miles / 8.5 Km / allow - 3 hrs	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s chicanes, farm gates, steps	5.3	8.5
395	C099(f)	<b>C099(f) - Tarbert to Skipness</b>	Not Graded	2 3/4 miles / 4.3 Km / allow - 1 1/2 hrs	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s chicanes, farm gates, steps	2.7	4.3
86	C100	<b>C100 - Meall Mhor, Tarbert</b>	Not Graded	3 3/4 miles / 5.9 Km / allow - 2 1/4 hrs	Path- stone track / Slope - steep / Not Waymarked / Obstacles- Bridge/s farm gates	3.7	5.9
841	C101(a)	<b>C101(a) - White Shore, Tarbert</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Surfaced path / Slope - gentle / Waymarked	0.3	0.5
842	C101(b)	<b>C101(b) - White Shore, Tarbert</b>	Easy	1/4 mile / 0.3 Km / allow - 10 mins	Public Road	0.2	0.3
219	C101(c)	<b>C101(c) - White Shore, Tarbert</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- trod earth & boardwalk / Slope - gentle / Waymarked / Obstacles- Bridge/s	0.5	0.8
843	C102(a)	<b>C102(a) - Dunskeig circular, Clachan</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
232	C102(b)	<b>C102(b) - Dunskeig circular, Clachan</b>	Not Graded	1 mile / 1.6 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- Kissing Gate/s farm gates	1.0	1.6
244	C102(c)	<b>C102(c) - Dunskeig circular, Clachan,</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- road, stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- Kissing Gate/s farm gates	1.0	1.7
275	C102(d)	<b>C102(d) - Dunskeig circular, Clachan</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- Kissing Gate/s farm gates	0.8	1.2
844	C103(a)	<b>C103(a) - Skipness Bay</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Single Track Road / Slope - gentle / Waymarked / Obstacles- Bridge/s	0.2	0.4
59	C103(b)	<b>C103(b) - Skipness Bay</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Bridge/s	0.9	1.4
396	C104(a)	<b>C104(a) - Kennacraig to Skipness</b>	Easy	2 1/2 miles / 4.0 Km / allow - 1 1/4hr	Single Track Road / Slope - steep / Not Waymarked / Obstacles- part of the National Cycle Network	2.5	4.0
231	C104(b)	<b>C104(b) - Kennacraig to Skipness</b>	Easy	4 3/4 miles / 7.6 Km / allow - 2 1/2 hrs	Single Track Road / Slope - steep / Not Waymarked / Obstacles- part of the National Cycle Network	4.7	7.6
243	C105	<b>C105 - Back road to Skipness</b>	Not Graded	2 miles / 3.3 Km / allow - 1 1/4hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gate	2.0	3.3
397	C106(a)	<b>C106(a) - Torinturk circular (Giants grave and Dun)</b>	Moderate	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gate	0.3	0.5
414	C106(b)	<b>C106(b) - Torinturk circular (Giants grave and Dun)</b>	Moderate	1 1/2 miles / 2.2 Km / allow - 1 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gate	1.4	2.2
278	C107(a)	<b>C107(a) - Ardrishaig to Crinan- tow path</b>	Not Graded	2 miles / 2.9 Km / allow - 1 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gates, , bollards	1.8	2.9
132	C107(b)	<b>C107(b) - Ardrishaig to Crinan- tow path</b>	Not Graded	2 1/2 miles / 3.8 Km / allow - 1 1/2 hrs	Path- stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gates, , bollards	2.4	3.8
277	C107(c)	<b>C107(c) - Ardrishaig to Crinan- tow path</b>	Not Graded	2 miles / 3.0 Km / allow - 1 1/4hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gates, , bollards	1.9	3.0
845	C107(d)	<b>C107(d) - Ardrishaig to Crinan- tow path</b>	Moderate	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gates, , bollards	0.7	1.1
276	C107(e)	<b>C107(e) - Ardrishaig to Crinan- tow path</b>	Not Graded	2 miles / 3.1 Km / allow - 1 1/4hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gates, , bollards	1.9	3.1
415	C108	<b>C108 - Moine Mhor, Bellanoch</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & boardwalk / Slope - gentle / Waymarked / Obstacles-	0.4	0.7
194	C109(a)	<b>C109(a) - Cycle route from Bellanoch to Kilmartin (modified)</b>	Moderate	4 1/2 miles / 7.0 Km / allow - 2 1/4 hrs	Single Track Road / Almost level / Waymarked, part of the National Cycle Network	4.4	7.0

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
279	C109(b)	<b>C109(b) - Cycle route from Bellanoch to Kilmartin (modified)</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- cattle grid, part of the National Cycle Network	0.5	0.9
351	C109(c)	<b>C109(c) - Cycle route from Bellanoch to Kilmartin (modified)</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track / Slope - gentle / Waymarked / part of the National Cycle Network	0.3	0.4
352	C109(d)	<b>C109(d) - Cycle route from Bellanoch to Kilmartin (modified)</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- cattle grid, part of the National Cycle Network	0.2	0.4
354	C109(e)	<b>C109(e) - Cycle route from Bellanoch to Kilmartin (modified)</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- grass track / Slope - gentle / Waymarked / Obstacles- Bridge/s Kissing Gate/s narrow bridge <1.2m width, farm gate	0.3	0.4
353	C109(f)	<b>C109(f) - Cycle route from Bellanoch to Kilmartin (modified)</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Footway beside road	0.2	0.3
846	C110(a)	<b>C110(a) - Achnabreck to Monydrain Road</b>	Moderate	3/4 mile / 0.9 Km / allow - 1/2 hr	Single track road	0.6	0.9
127	C110(b)	<b>C110(b) - Achnabreck to Monydrain Road</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- road, stone track & grass / Slope - gentle / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gates, cattle grid, short section of public road	1.6	2.5
957	C110(c)	<b>C110(c) - Achnabreck to Monydrain Road</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- Stone Track / Slope - moderate / Not Waymarked	0.2	0.4
416	C110(d)	<b>C110(d) - Achnabreck to Monydrain Road</b>	Moderate	1/4 mile / 0.4 Km / allow - 10 mins	Path- road, stone track & grass / Slope - gentle / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s farm gates, cattle grid, short section of public road	0.3	0.4
81	C111(a)	<b>C111(a) - Creag Ghlas, Cairnbaan to Kilduskland Reservoir</b>	Not Graded	3 3/4 miles / 6.0 Km / allow - 2 1/4 hrs	Path- stone track / Slope - steep / Not Waymarked / Obstacles- Bridge/s Stile/s farm gates, cattle grid	3.7	6.0
399	C111(b)	<b>C111(b) - Creag Ghlas, Cairnbaan to Kilduskland Reservoir</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- Bridge/s Stile/s farm gates, cattle grid	1.4	2.2
82	C112(a)	<b>C112(a) - Creag Ghlas to Dunardry gorge walk</b>	Moderate	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- surfaced private road / Slope - steep / Not Waymarked	0.7	1.1
847	C112(b)	<b>C112(b) - Creag Ghlas to Dunardry gorge walk</b>	Moderate	1/4 mile / 0.1 Km / allow - 5 mins	Public Road	0.0	0.1
260	C113	<b>C113 - Dunardry- Achnamara FC cycle track</b>	Moderate	4 miles / 6.3 Km / allow - 2 1/4 hrs	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gates	3.9	6.3
417	C114(a)	<b>C114(a) - Dunardry circular route</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gates, steps	0.2	0.3
130	C114(b)	<b>C114(b) - Dunardry circular route</b>	Moderate	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gates, steps	1.1	1.7
418	C114(c)	<b>C114(c) - Dunardry circular route</b>	Moderate	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gates, steps	0.8	1.3
419	C114(d)	<b>C114(d) - Dunardry circular route</b>	Moderate	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gates, steps	0.4	0.6
70	C115(a)	<b>C115(a) - Kilmory Castle loop</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Narrow Bridge <1.2m wide	0.4	0.7
370	C115(b)	<b>C115(b) - Kilmory Castle loop</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - gentle / Waymarked / Obstacles- Narrow Bridge <1.2m wide	0.3	0.5
101	C116(a)	<b>C116(a) - Bank Park to High Bank Park, Lochgilphead</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- road & stone track / Slope - gentle / Not Waymarked / Obstacles- Bridge/s narrow bridge <1.2m wide, steps	0.2	0.3
102	C116(b)	<b>C116(b) - Bank Park to High Bank Park, Lochgilphead</b>	Not Graded	1/4 mile / 0.3 Km / allow - 5 mins	Path- road & stone track / Slope - gentle / Not Waymarked / Obstacles- Bridge/s narrow bridge <1.2m wide, steps	0.2	0.3
191	C117	<b>C117 - Craignish Point, Ardfern</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- trod earth / Slope - gentle / Waymarked / Obstacles- Stile/s	0.9	1.4
420	C118(a)	<b>C118(a) - Ardfern to Craobh Haven</b>	Easy	1/2 mile / 0.9 Km / allow - 1/2 hr	Single Track Road	0.6	0.9
848	C118(b)	<b>C118(b) - Ardfern to Craobh Haven</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Section on public road	0.4	0.7
421	C118(c)	<b>C118(c) - Ardfern to Craobh Haven</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Section on public road	0.8	1.2
791	C118(d)	<b>C118(d) - Ardfern to Craobh Haven</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Waymarked / Obstacles- Section on public road	0.5	0.9
852	C118(e)	<b>C118(e) - Ardfern to Craobh Haven</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
849	C119(a)	<b>C119(a) - Braevallich, Loch Awe to Furnace</b>	Moderate	1/4 mile / 0.0 Km / allow - 5 mins	Single Track Road very short section	0.0	0.0
422	C119(b)	<b>C119(b) - Braevallich, Loch Awe to Furnace</b>	Not Graded	3 miles / 4.8 Km / allow - 1 3/4 hrs	Path- stone track / Slope - gentle prolonged / Waymarked	3.0	4.8
797	C119(c)	<b>C119(c) - Braevallich, Loch Awe to Furnace</b>	Not Graded	3 3/4 miles / 6.0 Km / allow - 2 1/4 hrs	Path- stone track / Slope - gentle prolonged / Waymarked	3.7	6.0

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
152	C120	<b>C120 - Brainport Circular, Minard</b>	Not Graded	2 miles / 2.9 Km / allow - 1 hr	Path- stone track, trod earth & shingle / Slope - flat / Waymarked / Obstacles- Bridge/s narrow bridge <1.2m width	1.8	2.9
423	C121(a)	<b>C121(a) - Ardcastle Woods, Lochgair</b>	Not Graded	1/4 mile / 0.3 Km / allow - 5 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Kissing Gate/s farm gate	0.2	0.3
424	C121(b)	<b>C121(b) - Ardcastle Woods, Lochgair</b>	Not Graded	3 1/2 miles / 5.4 Km / allow - 2 hrs	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Kissing Gate/s farm gate	3.4	5.4
425	C121(c)	<b>C121(c) - Ardcastle Woods, Lochgair</b>	Not Graded	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Kissing Gate/s farm gate	1.3	2.0
426	C121(d)	<b>C121(d) - Ardcastle Woods, Lochgair</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Kissing Gate/s farm gate	0.2	0.3
126	C122(a)	<b>C122(a) - Loch Glashan, circular FC Cycle route</b>	Moderate	2 3/4 miles / 4.3 Km / allow - 1 1/2 hrs	Path- stone track / Slope - flat / Waymarked / Obstacles- Bridge/s	2.7	4.3
427	C122(b)	<b>C122(b) - Loch Glashan, circular FC Cycle route</b>	Moderate	2 3/4 miles / 4.4 Km / allow - 1 3/4 hrs	Path- stone track / Slope - flat / Waymarked / Obstacles- Bridge/s	2.8	4.4
428	C122(c)	<b>C122(c) - Loch Glashan, circular FC Cycle route</b>	Moderate	1 1/2 miles / 2.4 Km / allow - 1 hr	Path- stone track / Slope - flat / Waymarked / Obstacles- Bridge/s	1.5	2.4
398	C122(d)	<b>C122(d) - Loch Glashan, circular FC Cycle route</b>	Moderate	2 miles / 3.1 Km / allow - 1 1/4hr	Path- stone track / Slope - flat / Waymarked / Obstacles- Bridge/s	1.9	3.1
261	C123	<b>C123 - Lochgair to Blarbuie</b>	Not Graded	3 1/2 miles / 5.4 Km / allow - 2 hrs	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gates	3.4	5.4
83	C124	<b>C124 - Kilmory to path Cnoc Mor</b>	Not Graded	2 miles / 3.3 Km / allow - 1 1/4hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles-	2.0	3.3
196	C125(a)	<b>C125(a) - Ach nabreck link, Lochgilphead</b>	Not Graded	2 1/2 miles / 3.9 Km / allow - 1 1/2 hrs	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s	2.5	3.9
104	C125(b)	<b>C125(b) - Ach nabreck link, Lochgilphead</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s	0.8	1.3
105	C126(a)	<b>C126(a) - Lochgilphead to Loch Glashan</b>	Easy	1 mile / 1.4 Km / allow - 1/2 hr	Public Road with footway	0.8	1.4
850	C126(b)	<b>C126(b) - Lochgilphead to Loch Glashan</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gate	0.6	1.0
47	C126(c)	<b>C126(c) - Lochgilphead to Loch Glashan</b>	Not Graded	3 miles / 4.7 Km / allow - 1 3/4 hrs	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gate	2.9	4.7
288	C127(a)	<b>C127(a) - 39 steps circular routes</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track, trod earth & boardwalk / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s narrow bridges <1.5m wide, steps, farm gates	0.5	0.7
115	C127(b)	<b>C127(b) - 39 steps circular routes</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track, trod earth & boardwalk / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s narrow bridges <1.5m wide, steps, farm gates	0.1	0.2
116	C127(c)	<b>C127(c) - 39 steps circular routes</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track, trod earth & boardwalk / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s narrow bridges <1.5m wide, steps, farm gates	0.4	0.6
117	C127(d)	<b>C127(d) - 39 steps circular routes</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track, trod earth & boardwalk / Slope - steep / Waymarked / Obstacles- Bridge/s Kissing Gate/s narrow bridges <1.5m wide, steps, farm gates	1.1	1.7
46	C128(a)	<b>C128(a) - Inverneil to Ardrishaig via 39 steps NCN</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	1.1	1.8
262	C128(b)	<b>C128(b) - Inverneil to Ardrishaig via 39 steps NCN</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	0.9	1.5
223	C129	<b>C129 - Section of national cycle network at 39 steps</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	0.5	0.8
255	C130	<b>C130 - Crinan Harbour to path C131 and C299</b>	Strenuous	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- road, stone track, boardwalk, shingle & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s bridges, steps, section on public road	0.6	1.0
44	C131(a)	<b>C131(a) - Carsaig/Ardnoe/Faery Isles</b>	Moderate	4 1/2 miles / 7.1 Km / allow - 2 1/2 hrs	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gates	4.4	7.1
118	C131(b)	<b>C131(b) - Carsaig/Ardnoe/Faery Isles</b>	Moderate	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gates	1.0	1.5
119	C131(c)	<b>C131(c) - Carsaig/Ardnoe/Faery Isles</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gates	0.2	0.3
120	C131(d)	<b>C131(d) - Carsaig/Ardnoe/Faery Isles</b>	Moderate	2 1/4 miles / 3.6 Km / allow - 1 1/4hr	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gates	2.2	3.6
121	C131(e)	<b>C131(e) - Carsaig/Ardnoe/Faery Isles</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- farm gates	0.8	1.3
429	C132(a)	<b>C132(a) - Taynish Reserve woodland circular</b>	Moderate	3/4 mile / 1.0 Km / allow - 1/2 hr	Single track road	0.6	1.0
430	C132(b)	<b>C132(b) - Taynish Reserve woodland circular</b>	Moderate	1/2 mile / 0.7 Km / allow - 1/4 hr	Single track road	0.4	0.7

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
84	C132(c)	<b>C132(c) - Tainish Reserve woodland circular</b>	Not Graded	2 miles / 2.9 Km / allow - 1 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, steps, section on public road	1.8	2.9
432	C132(d)	<b>C132(d) - Tainish Reserve woodland circular</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, steps, section on public road	0.9	1.5
431	C132(e)	<b>C132(e) - Tainish Reserve woodland circular</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, steps, section on public road	0.3	0.5
851	C133(a)	<b>C133(a) - Faery Isles FC cycle route</b>	Moderate	1/4 mile / 0.1 Km / allow - 5 mins	Short section on Single Track Road	0.1	0.1
400	C133(b)	<b>C133(b) - Faery Isles FC cycle route</b>	Moderate	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Stile/s farm gates, steps	1.2	1.9
43	C133(c)	<b>C133(c) - Faery Isles FC cycle route</b>	Moderate	2 1/2 miles / 3.9 Km / allow - 1 1/2 hrs	Path- stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Stile/s farm gates, steps	2.4	3.9
434	C134(a)	<b>C134(a) - Barnluasgan FC all abilities circular walk</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track / Slope - flat / Waymarked / Obstacles-	0.4	0.6
433	C134(b)	<b>C134(b) - Barnluasgan FC all abilities circular walk</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track / Slope - flat / Waymarked / Obstacles-	0.1	0.2
246	C134(c)	<b>C134(c) - Barnluasgan FC all abilities circular walk</b>	Easy	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - flat / Waymarked / Obstacles-	0.4	0.7
129	C135	<b>C135 - Kilmory Knap beach</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- farm gate	0.4	0.6
49	C136	<b>C136 - Tainish Bar Mor trail</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- trod earth, stone track & board walk / Slope - steep / Waymarked / Obstacles- steps	0.9	1.4
401	C137(a)	<b>C137(a) - Port Ann Circular</b>	Moderate	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles-	0.9	1.4
435	C137(b)	<b>C137(b) - Port Ann Circular</b>	Moderate	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles-	0.1	0.1
402	C137(c)	<b>C137(c) - Port Ann Circular</b>	Moderate	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles-	0.5	0.9
403	C137(d)	<b>C137(d) - Port Ann Circular</b>	Moderate	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles-	0.3	0.5
436	C137(e)	<b>C137(e) - Port Ann Circular</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles-	0.2	0.3
404	C137(f)	<b>C137(f) - Port Ann Circular</b>	Moderate	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles-	0.3	0.5
268	C138(a)	<b>C138(a) - Crinan woodland walk</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- trod earth / Slope - steep / Waymarked / Obstacles- Bridle Gate/s steps	1.1	1.8
853	C138(b)	<b>C138(b) - Crinan woodland walk</b>	Moderate	1/4 mile / 0.0 Km / allow - 5 mins	Short section on Single Track Road	0.0	0.0
256	C139	<b>C139 - Loch Glashan Oak Woodland walk</b>	Moderate	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - steep / Waymarked / Obstacles- steps	0.7	1.2
947	C140(a)	<b>C140(a) - The Corran to Kilmory Gdns</b>	Moderate	1/4 mile / 0.1 Km / allow - 5 mins	Off road cycleway / Slope - moderate / Not Waymarked	0.0	0.1
68	C140(a)	<b>C140(a) - The Corran to Kilmory Gdns</b>	Easy	1 mile / 1.3 Km / allow - 1/2 hr	Footway beside road / Slope - gentle / Not Waymarked	0.8	1.3
437	C140(b)	<b>C140(b) - The Corran to Kilmory Gdns</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Off road cycleway / Slope - gentle / Not Waymarked	0.4	0.6
80	C141	<b>C141 - Lochgair ford to The Castle</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s Stile/s farm gates, narrow bridge <1.2m wide, ford	0.4	0.7
221	C142	<b>C142 - Minard to Loch Glashan</b>	Not Graded	4 3/4 miles / 7.3 Km / allow - 2 3/4 hrs	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gates	4.5	7.3
405	C143(a)	<b>C143(a) - Carnassarie Car Park to Ormaig</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- stone track, & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, narrow gap through wall <1.2m wide	0.5	0.8
406	C143(b)	<b>C143(b) - Carnassarie Car Park to Ormaig</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Path- stone track, & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, narrow gap through wall <1.2m wide	1.3	2.1
355	C143(c)	<b>C143(c) - Carnassarie Car Park to Ormaig</b>	Not Graded	3/4 mile / 1.3 Km / allow - 1/2 hr	Path- stone track, & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, narrow gap through wall <1.2m wide	0.8	1.3
356	C143(d)	<b>C143(d) - Carnassarie Car Park to Ormaig</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track, & trod earth / Slope - steep / Waymarked / Obstacles- farm gates, narrow gap through wall <1.2m wide	0.1	0.2
144	C144	<b>C144 - Ford woodland trail</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- farm gate	1.1	1.7
124	C145	<b>C145 - Leckuary to Loch Glashan</b>	Not Graded	3 1/4 miles / 4.9 Km / allow - 2 hrs	Path- road & stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate	3.1	4.9

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
439	C146(a)	<b>C146(a) - Dun Creag Mhor, Crinan</b>	Strenuous	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- none	1.1	1.7
438	C146(b)	<b>C146(b) - Dun Creag Mhor, Crinan</b>	Strenuous	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- none	0.2	0.3
8	C147(a)	<b>C147(a) - McDonald Terr to Blarbuie Road</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- tarmac / Slope - moderate / Part Waymarked / Obstacles- short steep ramps	0.6	0.9
304	C147(b)	<b>C147(b) - McDonald Terr to Blarbuie Road</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- tarmac / Slope - moderate / Part Waymarked	0.1	0.1
269	C148(a)	<b>C148(a) - Blarbuie woodland walk, Lochgilphead</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & boardwalk / Slope - gentle / Waymarked / Obstacles- Bridge/s steps	0.3	0.4
440	C148(b)	<b>C148(b) - Blarbuie woodland walk, Lochgilphead</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track & boardwalk / Slope - gentle / Waymarked / Obstacles- Bridge/s steps	0.1	0.2
854	C149(a)	<b>C149(a) - Bridgend to Ford</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Single track road / Slope - moderate / Not Waymarked / Obstacles- farm gates and cattle grid	0.3	0.4
441	C149(b)	<b>C149(b) - Bridgend to Ford</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Private road / Slope - moderate / Not Waymarked / Obstacles- farm gates and cattle grid - Take care when passing through farmyard	0.6	1.0
855	C149(c)	<b>C149(c) - Bridgend to Ford</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- Single track road / Slope - moderate / Not Waymarked / Obstacles- farm gates and cattle grid	0.5	0.8
228	C149(d)	<b>C149(d) - Bridgend to Ford</b>	Moderate	6 miles / 9.7 Km / allow - 3 hrs	Path- Single track road / Slope - moderate / Not Waymarked / Obstacles- farm gates and cattle grid	6.0	9.7
108	C150	<b>C150 - Robbers Glen, Ardrihaig</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s stepping stones	0.5	0.8
166	C151	<b>C151 - Link path, Barcladine</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s take care crossing the car park	0.2	0.3
407	C152(a)	<b>C152(a) - Oban to Appin (National Cycle Network)</b>	Easy	3 miles / 4.6 Km / allow - 1 1/2 hrs	Path- Public Road / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	2.9	4.6
856	C152(b)	<b>C152(b) - Oban to Appin (National Cycle Network)</b>	Not Graded	4 1/4 miles / 6.6 Km / allow - 2 1/2 hrs	Path- Tarmac / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	4.1	6.6
408	C152(c)	<b>C152(c) - Oban to Appin (National Cycle Network)</b>	Easy	1 3/4 miles / 2.8 Km / allow - 1 hr	Path- Tarmac, part forms footway of the road / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	1.7	2.8
857	C152(d)	<b>C152(d) - Oban to Appin (National Cycle Network)</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Path- Tarmac / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	1.4	2.2
18	C152(e)	<b>C152(e) - Oban to Appin (National Cycle Network)</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Path- Tarmac / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	0.1	0.2
409	C152(f)	<b>C152(f) - Oban to Appin (National Cycle Network)</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- Tarmac / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	1.0	1.5
956	C152(g)	<b>C152(g) - Oban to Appin (National Cycle Network)</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- single track road / Slope - gentle / Waymarked	0.2	0.4
955	C152(h)	<b>C152(h) - Oban to Appin (National Cycle Network)</b>	Easy	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- Private Road, / Slope - gentle/ Way marked / Part of the National Cycle Network	0.6	0.9
962	C152(i)	<b>C152(i) - Oban to Appin (National Cycle Network)</b>	Easy	3 1/2 miles / 5.7 Km / allow - 2 hrs	Path- Private Road, / Slope - gentle/ Way marked / Part of the National Cycle Network	3.5	5.7
412	C152(j)	<b>C152(j) - Oban to Connel via Glen Cruiltten</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- tarmac surface/ Slope - moderate / Waymarked	0.2	0.4
963	C152(j)	<b>C152(j) - Oban to Appin (National Cycle Network)</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Private Road, / Slope - gentle/ Way marked / Part of the National Cycle Network	0.3	0.4
609	C152(k)	<b>C152(k) - Oban to Appin (National Cycle Network)</b>	Easy	1 1/2 miles / 2.3 Km / allow - 3/4 hr	Path- Single track road / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	1.4	2.3
411	C152(l)	<b>C152(l) - Oban to Appin (National Cycle Network)</b>	Easy	1/4 mile / 0.5 Km / allow - 10 mins	Path- Single track road / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	0.3	0.5
410	C152(m)	<b>C152(m) - Oban to Appin (National Cycle Network)</b>	Easy	3 1/4 miles / 4.9 Km / allow - 1 1/2 hrs	Path- Single track road / Slope - moderate / Waymarked / Obstacles- Bridge/s road crossings	3.0	4.9
859	C153(a)	<b>C153(a) - Lismore Island</b>	Easy	3 miles / 4.7 Km / allow - 1 1/2 hrs	Path- Single Track Road/ Slope - gentle / Not Waymarked	2.9	4.7
858	C153(b)	<b>C153(b) - Lismore Island</b>	Not Graded	1 3/4 miles / 2.7 Km / allow - 1 hr	Path- stone track trod earth & grass / Slope - gentle / Not Waymarked / Obstacles- Stile/s	1.7	2.7
337	C153(c)	<b>C153(c) - Lismore Island</b>	Moderate	5 1/2 miles / 8.9 Km / allow - 2 3/4 hrs	Path- Single Track Road/ Slope - gentle / Not Waymarked	5.5	8.9
815	C153(d)	<b>C153(d) - Lismore Island</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track trod earth & grass / Slope - gentle / Not Waymarked / Obstacles- Stile/s	0.7	1.1
733	C154(a)	<b>C154(a) - Kerrera Island circular</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	0.1	0.1

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
734	C154(b)	<b>C154(b) - Kerrera Island circular</b>	Easy	2 miles / 3.2 Km / allow - 1 hr	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	2.0	3.2
816	C154(c)	<b>C154(c) - Kerrera Island circular</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	0.2	0.3
442	C154(d)	<b>C154(d) - Kerrera Island circular</b>	Not Graded	2 miles / 2.9 Km / allow - 1 hr	Path- trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	1.8	2.9
817	C154(e)	<b>C154(e) - Kerrera Island circular</b>	Easy	1 3/4 miles / 2.7 Km / allow - 1 hr	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	1.7	2.7
818	C154(f)	<b>C154(f) - Kerrera Island circular</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	0.5	0.8
78	C155	<b>C155 - Barcaldine to Achnacree Bay, North Connel</b>	Not Graded	3 1/4 miles / 5.0 Km / allow - 2 hrs	Path- stone track, grass & trod earth / Slope - steep / Waymarked / Obstacles- farm gates	3.1	5.0
168	C156(a)	<b>C156(a) - Bonawe to Glen Etive</b>	Not Graded	4 1/2 miles / 6.9 Km / allow - 2 1/2 hrs	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Bridle Gate/s	4.3	6.9
443	C156(b)	<b>C156(b) - Bonawe to Glen Etive</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Bridle Gate/s	1.0	1.6
200	C156(c)	<b>C156(c) - Bonawe to Glen Etive</b>	Not Graded	2 miles / 3.1 Km / allow - 1 1/4hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Bridle Gate/s	2.0	3.1
444	C156(d)	<b>C156(d) - Bonawe to Glen Etive</b>	Not Graded	2 miles / 3.0 Km / allow - 1 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Bridle Gate/s	1.9	3.0
860	C157(a)	<b>C157(a) - Taynuilt - Airds circular</b>	Easy	1/4 mile / 0.5 Km / allow - 10 mins	Path- Single Track Road / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s narrow bridge <1.2m wide	0.3	0.5
861	C157(b)	<b>C157(b) - Taynuilt - Airds circular</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track, road & trod earth / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s narrow bridge <1.2m wide, section on public road	0.7	1.0
184	C157(c)	<b>C157(c) - Taynuilt - Airds circular</b>	Easy	1 mile / 1.5 Km / allow - 1/2 hr	Path- footway beside road / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s narrow bridge <1.2m wide, section on public road	0.9	1.5
235	C158	<b>C158 - Achlonan to Taynuilt Jetty</b>	Easy	1 mile / 1.5 Km / allow - 1/2 hr	Path- road / Slope - flat / Not Waymarked / Obstacles- farm gates, cattle grid, all on public road	1.0	1.5
63	C159	<b>C159 - Shore Cottage, Brochroy to Inverawe</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 3/4 hr	Path- road, stone track, trod earth & boardwalk / Slope - gentle / Not Waymarked / Obstacles- Bridge/s narrow bridge <1.2 m wide, farm gates, section on public road	1.0	1.6
446	C160(a)	<b>C160(a) - Taynuilt to Oban</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Public Road part of the National Cycle Network	0.4	0.6
862	C160(b)	<b>C160(b) - Taynuilt to Oban</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Public Road part of the National Cycle Network	0.1	0.2
445	C160(c)	<b>C160(c) - Taynuilt to Oban</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s part of the National Cycle Network	0.2	0.4
447	C160(d)	<b>C160(d) - Taynuilt to Oban</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s part of the National Cycle Network	0.2	0.3
274	C160(e)	<b>C160(e) - Taynuilt to Oban</b>	Moderate	1 1/2 miles / 2.4 Km / allow - 3/4 hr	Public Road part of the National Cycle Network	1.5	2.4
289	C160(f)	<b>C160(f) - Taynuilt to Oban</b>	Moderate	1/2 mile / 0.6 Km / allow - 1/4 hr	Public Road part of the National Cycle Network	0.4	0.6
290	C160(g)	<b>C160(g) - Taynuilt to Oban</b>	Moderate	1 1/4 miles / 1.8 Km / allow - 1/2 hr	Public Road part of the National Cycle Network	1.1	1.8
291	C160(h)	<b>C160(h) - Taynuilt to Oban</b>	Moderate	1 3/4 miles / 2.8 Km / allow - 1 hr	Public Road part of the National Cycle Network	1.7	2.8
292	C160(i)	<b>C160(i) - Taynuilt to Oban</b>	Moderate	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Public Road part of the National Cycle Network	1.2	2.0
293	C160(j)	<b>C160(j) - Taynuilt to Oban</b>	Moderate	2 1/2 miles / 3.9 Km / allow - 1 1/4hr	Public Road part of the National Cycle Network	2.4	3.9
52	C160(k)	<b>C160(k) - Taynuilt to Oban</b>	Moderate	2 1/2 miles / 4.0 Km / allow - 1 1/4hr	Public Road part of the National Cycle Network	2.5	4.0
237	C161	<b>C161 - Kerrera Ferry - Oban</b>	Easy	2 miles / 3.2 Km / allow - 1 hr	Single Track Road	2.0	3.2
294	C162(a)	<b>C162(a) - Oban - Ganavan Bay</b>	Moderate	1 mile / 1.4 Km / allow - 1/2 hr	Path- footways through Oban / Slope - flat / Waymarked / Obstacles- road crossings, section on public road with pavements	0.9	1.4
13	C162(b)	<b>C162(b) - Oban - Ganavan Bay</b>	Easy	1 3/4 miles / 2.5 Km / allow - 3/4 hr	Path- footways through Oban / Slope - flat / Waymarked / Obstacles- road crossings, section on public road with pavements	1.5	2.5
66	C163	<b>C163 - Ganavan Bay to Dunstaffnage Bay</b>	Not Graded	2 miles / 3.0 Km / allow - 1 hr	Path- stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles- precipitous sections along coastal section	1.8	3.0
295	C164(a)	<b>C164(a) - Oban to Connel via Glen Cruitten</b>	Moderate	1 1/4 miles / 1.9 Km / allow - 1/2 hr	Path- Single Track Road/ Slope - steep / Not Waymarked	1.2	1.9



Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
296	C164(b)	<b>C164(b) - Oban to Connel via Glen Cruitten</b>	Easy	4 miles / 6.2 Km / allow - 2 hrs	Path- Single Track Road/Slope - steep / Not Waymarked	3.8	6.2
37	C164(c)	<b>C164(c) - Oban to Connel via Glen Cruitten</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Path- road / Slope - steep / Waymarked / Obstacles- steps, sections on public road	0.3	0.5
93	C165(a)	<b>C165(a) - McCaigs Tower, Oban</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone & grass / Slope - steep / Waymarked	0.2	0.3
863	C165(b)	<b>C165(b) - McCaigs Tower, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Minor Road	0.1	0.1
50	C166	<b>C166 - Rockfield road to Old Hydro Hospital</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- road & trod earth / Slope - moderate / Waymarked / Obstacles- sections on public road and pavement	0.2	0.3
143	C167(a)	<b>C167(a) - Kerrera Ferry to Oban via Pulpit Hill</b>	Not Graded	1 1/2 miles / 2.0 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s	1.3	2.0
864	C167(b)	<b>C167(b) - Kerrera Ferry to Oban via Pulpit Hill</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Minor Road	0.4	0.6
297	C169(a)	<b>C169(a) - Portnacroish to Port Appin</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track / Slope - flat / Waymarked / Obstacles- <1.2m wide Bridle Gate/s	1.1	1.7
298	C169(b)	<b>C169(b) - Portnacroish to Port Appin</b>	Easy	1 1/2 miles / 2.4 Km / allow - 3/4 hr	Single Track Road / Slope - flat / Waymarked	1.5	2.4
866	C169(c)	<b>C169(c) - Portnacroish to Port Appin</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Single Track Road / Slope - flat / Waymarked	0.3	0.5
299	C169(d)	<b>C169(d) - Portnacroish to Port Appin</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Long boardwalk across estuary / Slope - flat / Waymarked / Obstacles- <1.2m wide Bridle Gate/s	0.4	0.7
865	C169(e)	<b>C169(e) - Portnacroish to Port Appin</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road / Slope - flat / Waymarked	0.0	0.1
263	C170	<b>C170 - Oban Rare Breeds Park to Kilmore</b>	Easy	2 1/2 miles / 3.8 Km / allow - 1 1/4hr	Path- road / Slope - steep / Not Waymarked / Obstacles- all on public road	2.4	3.8
38	C171(a)	<b>C171(a) - Kilmore - Loch Nant - Kilchrenan</b>	Easy	4 1/2 miles / 7.2 Km / allow - 2 1/4 hrs	Single Track Road / Slope - steep / Not Waymarked / Obstacles- Bridge/s Stile/s farm gates	4.5	7.2
257	C171(b)	<b>C171(b) - Kilmore - Loch Nant - Kilchrenan</b>	Not Graded	8 1/4 miles / 13.0 Km / allow - 4 3/4 hrs	Path- stone track / Slope - steep / Not Waymarked / Obstacles- Bridge/s Stile/s farm gates	8.1	13.0
735	C172(a)	<b>C172(a) - Loch Feochan to Loch Scammadale</b>	Not Graded	3 miles / 4.6 Km / allow - 1 3/4 hrs	Path- stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- cattle grid	2.9	4.6
867	C172(b)	<b>C172(b) - Loch Scammadale to Loch Avich</b>	Easy	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Single Track Road	1.3	2.1
149	C172(c)	<b>C172(c) - Loch Scammadale to Loch Avich</b>	Not Graded	4 miles / 6.4 Km / allow - 2 1/4 hrs	Path- stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- cattle grid	4.0	6.4
736	C173(a)	<b>C173(a) - Ford to Annat via Loch Avich and Inverinan</b>	Strenuous	8 3/4 miles / 13.9 Km / allow - 4 1/4 hrs	Path- Single Track Road / Slope - moderate / Waymarked / Obstacles- part of the National Cycle Network	8.6	13.9
737	C173(b)	<b>C173(b) - Ford to Annat via Loch Avich and Inverinan</b>	Moderate	1 mile / 1.3 Km / allow - 1/2 hr	Path- Single Track Road / Slope - moderate / Waymarked / Obstacles- part of the National Cycle Network	0.8	1.3
738	C173(c)	<b>C173(c) - Ford to Annat via Loch Avich and Inverinan</b>	Moderate	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- Single Track Road / Slope - moderate / Waymarked / Obstacles- part of the National Cycle Network	0.7	1.1
739	C173(d)	<b>C173(d) - Ford to Annat via Loch Avich and Inverinan</b>	Moderate	2 3/4 miles / 4.3 Km / allow - 1 1/4hr	Path- Single Track Road / Slope - moderate / Waymarked / Obstacles- part of the National Cycle Network	2.7	4.3
740	C173(e)	<b>C173(e) - Ford to Annat via Loch Avich and Inverinan</b>	Moderate	5 miles / 7.8 Km / allow - 2 1/2 hrs	Path- Single Track Road / Slope - moderate / Waymarked / Obstacles- part of the National Cycle Network	4.9	7.8
741	C174(a)	<b>C174(a) - Kilmelford to Clachan Seil via Degnish</b>	Easy	1 1/2 miles / 2.3 Km / allow - 3/4 hr	Path- Single track road / Slope - steep / Waymarked / Obstacles- Bridge/s	1.5	2.3
742	C174(b)	<b>C174(b) - Kilmelford to Clachan Seil via Degnish</b>	Not Graded	3 miles / 4.8 Km / allow - 1 3/4 hrs	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	3.0	4.8
254	C174(c)	<b>C174(c) - Kilmelford to Clachan Seil via Degnish</b>	Moderate	5 1/2 miles / 8.5 Km / allow - 2 3/4 hrs	Path- Single track road / Slope - steep / Waymarked / Obstacles- Bridge/s	5.3	8.5
541	C175(a)	<b>C175(a) - Kilmelford to Loch Avich</b>	Easy	3 1/2 miles / 5.5 Km / allow - 1 3/4 hrs	Path- Single track road / Slope - steep / Waymarked / Obstacles- Bridge/s	3.4	5.5
218	C175(b)	<b>C175(b) - Kilmelford to Loch Avich</b>	Not Graded	4 1/4 miles / 6.7 Km / allow - 2 1/2 hrs	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	4.2	6.7
542	C175(c)	<b>C175(c) - Kilmelford to Loch Avich</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	0.5	0.9
868	C175(d)	<b>C175(d) - Kilmelford to Loch Avich</b>	Easy	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- Single track road / Slope - steep / Waymarked / Obstacles- Bridge/s	1.2	2.0
543	C175(e)	<b>C175(e) - Kilmelford to Loch Avich</b>	Not Graded	2 miles / 3.1 Km / allow - 1 1/4hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s	2.0	3.1



Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
51	C176(a)	<b>C176(a) - Loch Avich South (Two Lochs Trail)</b>	Not Graded	4 1/4 miles / 6.9 Km / allow - 2 1/2 hrs	Path- stone track / Slope - moderate / Waymarked / Obstacles-	4.3	6.9
544	C176(b)	<b>C176(b) - Loch Avich South (Two Lochs Trail)</b>	Moderate	2 1/2 miles / 3.7 Km / allow - 1 1/2 hrs	Path- stone track / Slope - moderate / Waymarked / Obstacles-	2.3	3.7
545	C177(a)	<b>C177(a) - Black Lochs, Kilvaree, Connel</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- public road with pavement / Slope - moderate / Waymarked / Obstacles- farm gate	0.5	0.8
140	C177(b)	<b>C177(b) - Black Lochs, Kilvaree, Connel</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate	1.5	2.5
546	C177(c)	<b>C177(c) - Black Lochs, Kilvaree, Connel</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate	0.5	0.8
547	C177(d)	<b>C177(d) - Black Lochs, Kilvaree, Connel</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate	1.2	1.9
548	C177(e)	<b>C177(e) - Black Lochs, Kilvaree, Connel</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate	0.4	0.7
549	C178(a)	<b>C178(a) - Ard Bhatan, Tralee</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track, trod earth & sand / Slope - gentle / Not Waymarked / Obstacles- Kissing Gate/s farm gates	0.6	1.0
74	C178(b)	<b>C178(b) - Ard Bhatan, Tralee</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track, trod earth & sand / Slope - gentle / Not Waymarked / Obstacles- Kissing Gate/s farm gates	0.6	1.0
550	C179(a)	<b>C179(a) - Ledaig Beech, North Connel</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track, trod earth & sand / Slope - flat / Not Waymarked / Obstacles-	0.1	0.1
413	C179(b)	<b>C179(b) - Ledaig Beech, North Connel</b>	Not Graded	2 miles / 3.0 Km / allow - 1 hr	Path- stone track, trod earth & sand / Slope - flat / Not Waymarked / Obstacles-	1.8	3.0
69	C180	<b>C180 - Glasdrum Nature Reserve, Loch Creran</b>	Strenuous	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Not Waymarked / Obstacles- Bridle Gate/s steps	0.7	1.1
186	C181	<b>C181 - Glen Creran, Eleric pine martin trail</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Not Waymarked / Obstacles- steps	1.0	1.7
551	C182(a)	<b>C182(a) - Sutherlands Grove, Barcaldine</b>	Moderate	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles-	0.5	0.7
332	C182(b)	<b>C182(b) - Sutherlands Grove, Barcaldine</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles-	0.2	0.4
333	C182(c)	<b>C182(c) - Sutherlands Grove, Barcaldine</b>	Moderate	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles-	0.1	0.2
17	C182(d)	<b>C182(d) - Sutherlands Grove, Barcaldine</b>	Moderate	3/4 mile / 1.3 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles-	0.8	1.3
552	C182(e)	<b>C182(e) - Sutherlands Grove, Barcaldine</b>	Moderate	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles-	0.3	0.5
176	C183	<b>C183 - Glenshellach Terrace to Tesco car park</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Path- trod earth / Slope - steep / Not Waymarked / Obstacles-	0.0	0.0
88	C184	<b>C184 - Mill Park, Oban</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - flat / Not Waymarked / Obstacles-	0.2	0.3
57	C186	<b>C186 - Puilladobhrain ROW, Clachan Seil</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track, grass, trod earth & shore / Slope - flat / Waymarked / Obstacles- Bridle Gate/s farm gates	0.4	0.7
251	C187	<b>C187 - Clachan-Seil to Clachan bridge</b>	Easy	1 mile / 1.5 Km / allow - 1/2 hr	Path- road / Slope - flat / Not Waymarked / Obstacles- all on public road	0.9	1.5
98	C188	<b>C188 - Oban-Seil croft</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- trod earth / Slope - moderate / Not Waymarked / Obstacles- Bridle Gate/s	0.3	0.5
553	C189(a)	<b>C189(a) - Seil - Port Mor</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s	0.6	0.9
554	C189(b)	<b>C189(b) - Seil - Port Mor</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s	0.6	0.9
555	C189(c)	<b>C189(c) - Seil - Port Mor</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s	0.1	0.1
556	C189(d)	<b>C189(d) - Seil - Port Mor</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s	0.5	0.8
137	C190	<b>C190 - Barr Mor, Seil</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 1/2 hr	Path- trod earth / Slope - steep / Not Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s	1.0	1.6
557	C191	<b>C191 - Shortcut, Seaview hill, Seil</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- trod earth / Slope - steep / Not Waymarked	0.1	0.1
558	C192(a)	<b>C192(a) - Easdale circular</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track / Slope - steep / Not Waymarked / Obstacles- steps	0.1	0.2
71	C192(b)	<b>C192(b) - Easdale circular</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- steps	0.7	1.2

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
559	C193(a)	<b>C193(a) - Tyndrum, Bridge of Orchy, Inveroran Hotel</b>	Easy	3/4 mile / 0.9 Km / allow - 1/2 hr	Single Track Road / Flat	0.6	0.9
560	C193(b)	<b>C193(b) - Tyndrum, Bridge of Orchy, Inveroran Hotel</b>	Easy	2 3/4 miles / 4.3 Km / allow - 1 1/4hr	Single Track Road / Flat	2.7	4.3
471	C193(c)	<b>C193(c) - Tyndrum, Bridge of Orchy, Inveroran Hotel</b>	Not Graded	2 1/4 miles / 3.6 Km / allow - 1 1/4hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Bridle Gate/s deer gates, farm gates	2.2	3.6
869	C193(d)	<b>C193(d) - Tyndrum, Bridge of Orchy, Inveroran Hotel</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Single Track Road / Flat	0.3	0.4
472	C193(e)	<b>C193(e) - Tyndrum, Bridge of Orchy, Inveroran Hotel</b>	Not Graded	5 miles / 7.7 Km / allow - 3 hrs	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- Bridle Gate/s deer gates, farm gates	4.8	7.7
94	C194	<b>C194 - Druimliart Memorial, Inveroran, Bridge of Orchy</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s farm gates	0.7	1.1
20	C195(a)	<b>C195(a) - Beinn Lora, Benderloch</b>	Strenuous	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- farm gate	0.0	0.1
19	C195(b)	<b>C195(b) - Beinn Lora, Benderloch</b>	Strenuous	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- farm gate	1.1	1.8
21	C195(c)	<b>C195(c) - Beinn Lora, Benderloch</b>	Strenuous	1 1/4 miles / 1.9 Km / allow - 1 hr	Path- stone track, trod earth & grass / Slope - steep / Waymarked / Obstacles- farm gate	1.2	1.9
473	C196(a)	<b>C196(a) - Glen Nant, Kilchrenan</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Kissing Gate/s farm gates	0.4	0.6
474	C196(b)	<b>C196(b) - Glen Nant, Kilchrenan</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Kissing Gate/s farm gates	0.5	0.8
475	C197(a)	<b>C197(a) - Lerags to Loch Gleann Bhearraidh</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gates	0.3	0.5
476	C197(b)	<b>C197(b) - Lerags to Loch Gleann Bhearraidh</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gates	0.4	0.6
477	C197(c)	<b>C197(c) - Lerags to Loch Gleann Bhearraidh</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Waymarked / Obstacles- farm gates	0.9	1.5
7	C198	<b>C198 - Ganavan to Dunbeg - National Cycle Network</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- road / Slope - moderate / Waymarked / Obstacles- farm gates	1.2	1.9
478	C199(a)	<b>C199(a) - Furnace to Inveraray via Kenmore</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- farm gates, road crossing	1.4	2.3
479	C199(b)	<b>C199(b) - Furnace to Inveraray via Kenmore</b>	Not Graded	3 1/4 miles / 4.9 Km / allow - 2 hrs	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s	3.0	4.9
480	C199(c)	<b>C199(c) - Furnace to Inveraray via Kenmore</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s	0.4	0.7
481	C199(d)	<b>C199(d) - Furnace to Inveraray via Kenmore</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s	0.4	0.7
482	C199(e)	<b>C199(e) - Furnace to Inveraray via Kenmore</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s	0.9	1.5
483	C200(a)	<b>C200(a) - Coille Bhraghaidh-Queens Drive-Inveraray</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gates	0.7	1.2
484	C200(b)	<b>C200(b) - Coille Bhraghaidh-Queens Drive-Inveraray</b>	Not Graded	3 miles / 4.7 Km / allow - 1 3/4 hrs	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gates	2.9	4.7
600	C201	<b>C201 - Dun Na Cuaiche, Inveraray</b>	Not Graded	2 miles / 3.1 Km / allow - 1 1/4hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gates	1.9	3.1
334	C202	<b>C202 - Clachan, Caindow (Tree house path)</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- grass & trod earth / Slope - steep / Waymarked / Obstacles- farm gate	0.4	0.7
485	C203(a)	<b>C203(a) - Bealach an Fhuarain, Inveraray (circular)</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate, bollards	0.1	0.2
486	C203(b)	<b>C203(b) - Bealach an Fhuarain, Inveraray (circular)</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate, bollards	0.9	1.5
870	C203(c)	<b>C203(c) - Bealach an Fhuarain, Inveraray (circular)</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Footway beside public road / Slope - gentle / Not Waymarked	0.2	0.2
871	C203(d)	<b>C203(d) - Bealach an Fhuarain, Inveraray (circular)</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Footway through public car park / Slope - flat / Not Waymarked	0.4	0.7
872	C203(e)	<b>C203(e) - Bealach an Fhuarain, Inveraray (circular)</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Minor residential road / Slope - flat / Not Waymarked	0.1	0.2
873	C203(f)	<b>C203(f) - Bealach an Fhuarain, Inveraray (circular)</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gate, bollards	0.5	0.9
487	C204(a)	<b>C204(a) - Glen Fyne, Caindow</b>	Not Graded	2 miles / 3.3 Km / allow - 1 1/4hr	Path- road / Slope - steep / Not Waymarked / Obstacles-	2.0	3.3

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
488	C204(b)	<b>C204(b) - Glen Fyne, Caindow</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- road / Slope - steep / Not Waymarked / Obstacles-	1.2	1.9
123	C204(c)	<b>C204(c) - Glen Fyne, Caindow</b>	Not Graded	2 miles / 3.2 Km / allow - 1 1/4hr	Path- road / Slope - steep / Not Waymarked / Obstacles-	2.0	3.2
48	C206(a)	<b>C206(a) - Leacainn Walk Furnace</b>	Not Graded	2 1/2 miles / 3.7 Km / allow - 1 1/2 hrs	Path- stone track, trod earth & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, road crossing	2.3	3.7
489	C206(b)	<b>C206(b) - Leacainn Walk Furnace</b>	Moderate	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- Single track road, / Slope - Moderate / Waymarked	0.6	0.9
874	C206(c)	<b>C206(c) - Leacainn Walk Furnace</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track, trod earth & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, road crossing	0.1	0.2
490	C206(d)	<b>C206(d) - Leacainn Walk Furnace</b>	Not Graded	2 1/4 miles / 3.6 Km / allow - 1 1/4hr	Path- stone track, trod earth & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, road crossing	2.2	3.6
491	C206(e)	<b>C206(e) - Leacainn Walk Furnace</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Path- stone track, trod earth & grass / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, road crossing	0.3	0.5
779	C207(a)	<b>C207(a) - Sandbank to Toward</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- private road through caravan site/ Slope - flat / Not Waymarked	0.6	0.9
494	C207(b)	<b>C207(b) - Sandbank to Toward</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Path- footway bedside road / Slope - flat / Not Waymarked / Obstacles- road crossing	0.5	0.9
493	C207(c)	<b>C207(c) - Sandbank to Toward</b>	Not Graded	2 miles / 3.0 Km / allow - 1 1/4hr	Path- footway bedside road / Slope - flat / Not Waymarked / Obstacles- road crossing	1.9	3.0
495	C207(d)	<b>C207(d) - Sandbank to Toward</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- Promenade away from road / Slope - flat / Not Waymarked	0.6	1.0
496	C207(e)	<b>C207(e) - Sandbank to Toward</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- Promenade away from road / Slope - flat / Not Waymarked	0.2	0.3
497	C207(f)	<b>C207(f) - Sandbank to Toward</b>	Not Graded	1 3/4 miles / 2.7 Km / allow - 1 hr	Path- Promenade beside road / Slope - flat / Not Waymarked	1.7	2.7
498	C207(g)	<b>C207(g) - Sandbank to Toward</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- Promenade beside road / Slope - flat / Not Waymarked	1.5	2.5
499	C207(h)	<b>C207(h) - Sandbank to Toward</b>	Easy	1 1/4 miles / 1.6 Km / allow - 1/2 hr	Path- footway bedside road / Slope - flat / Not Waymarked / Obstacles- road crossing	1.0	1.6
492	C207(i)	<b>C207(i) - Sandbank to Toward</b>	Easy	1 3/4 miles / 2.8 Km / allow - 1 hr	Path- footway bedside road / Slope - flat / Not Waymarked / Obstacles- road crossing	1.7	2.8
875	C208(a)	<b>C208(a) - Toward Quay to Corlarach loop</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track / Slope - gentle / Not Waymarked / Obstacles-	0.1	0.1
876	C208(b)	<b>C208(b) - Toward Quay to Corlarach loop</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track / Slope - gentle / Not Waymarked / Obstacles-	0.0	0.1
39	C208(c)	<b>C208(c) - Toward Quay to Corlarach loop</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Not Waymarked / Obstacles-	0.9	1.4
307	C209(a)	<b>C209(a) - Corlarach loop trail, Innellan</b>	Not Graded	4 3/4 miles / 7.4 Km / allow - 2 3/4 hrs	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	4.6	7.4
501	C209(b)	<b>C209(b) - Corlarach loop trail, Innellan</b>	Not Graded	3 1/4 miles / 5.2 Km / allow - 2 hrs	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	3.2	5.2
500	C209(c)	<b>C209(c) - Corlarach loop trail, Innellan</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	0.4	0.7
877	C210(a)	<b>C210(a) - Dunoon to Bishops Glen loop</b>	Easy	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- footway beside road / Slope - moderate / Waymarked / Obstacles- road crossings	0.4	0.7
502	C210(b)	<b>C210(b) - Dunoon to Bishops Glen loop</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- Bridge/s narrow bridges <1.2 m wide, steps, farm gates	0.4	0.7
133	C210(c)	<b>C210(c) - Dunoon to Bishops Glen loop</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- Bridge/s narrow bridges <1.2 m wide, steps, farm gates	1.0	1.7
285	C211(a)	<b>C211(a) - Ardnadam heritage trial loop</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track , trod earth & boardwalk / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, narrow bridges<1.2m wide, steps	0.9	1.4
197	C211(b)	<b>C211(b) - Ardnadam heritage trial loop</b>	Not Graded	1 3/4 miles / 2.8 Km / allow - 1 hr	Path- stone track , trod earth & boardwalk / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, narrow bridges<1.2m wide, steps	1.7	2.8
504	C211(c)	<b>C211(c) - Ardnadam heritage trial loop</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track , trod earth & boardwalk / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, narrow bridges<1.2m wide, steps	0.2	0.4
503	C211(d)	<b>C211(d) - Ardnadam heritage trial loop</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track , trod earth & boardwalk / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates, narrow bridges<1.2m wide, steps	0.9	1.4
10	C212(a)	<b>C212(a) - Port Lamont to Ardtariag, Loch Strivan</b>	Easy	4 3/4 miles / 7.5 Km / allow - 2 1/4 hrs	Path- Single Track Road / Slope - Level	4.7	7.5
505	C212(b)	<b>C212(b) - Port Lamont to Ardtariag, Loch Strivan</b>	Not Graded	4 1/2 miles / 7.2 Km / allow - 2 1/2 hrs	Path- stone track & trod earth / Slope - steep / Not Waymarked - some sections easy to loose the path / Obstacles- farm gate , very rough and poorly drained	4.5	7.2

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
110	C213	<b>C213 - Colintave to Strone Point</b>	Easy	4 1/4 miles / 6.5 Km / allow - 2 hrs	Path- single track road / Slope - flat / Not Waymarked / Obstacles- path is all on public road	4.0	6.5
321	C214(a)	<b>C214(a) - Cowal Way Glenbranter to Portavadie</b>	Not Graded	2 1/4 miles / 3.3 Km / allow - 1 1/4hr	Path- stone track & trod earth / Slope - steep / Partial Waymarking / Obstacles- Bridge/s steps, farm gates	2.1	3.3
506	C214(b)	<b>C214(b)- Cowal Way Glenbranter to Portavadie</b>	Easy	1/4 mile / 0.3 Km / allow - 10 mins	Path- Single Track Road, / Slope - steep / Partial Waymarking / Obstacles- part of the National Cycle Network	0.2	0.3
878	C214(c)	<b>C214(c) - Cowal Way Glenbranter to Portavadie</b>	Easy	1/4 mile / 0.5 Km / allow - 10 mins	Path- Single Track Road, / Slope - steep / Partial Waymarking / Obstacles- part of the National Cycle Network	0.3	0.5
316	C214(d)	<b>C214(d) - Cowal Way Glenbranter to Portavadie</b>	Not Graded	1 3/4 miles / 2.4 Km / allow - 1 hr	Path- stone track & trod earth / Slope - steep / Partial Waymarking / Obstacles- Bridge/s steps, farm gates	1.5	2.4
323	C214(e)	<b>C214(e) - Cowal Way Glenbranter to Portavadie</b>	Easy	3 1/2 miles / 5.3 Km / allow - 1 3/4 hrs	Path- Footway beside road, / Slope - moderate / Partial Waymarking / Obstacles- part of the National Cycle Network	3.3	5.3
315	C214(f)	<b>C214(f) - Cowal Way Glenbranter to Portavadie</b>	Not Graded	3 1/2 miles / 5.5 Km / allow - 2 hrs	Path- stone track & trod earth / Slope - steep / Partial Waymarking / Obstacles- Bridge/s steps, farm gates	3.4	5.5
952	C214(g)	<b>C214(g) - LLNP boundary to Portavadie (Cowal Way)</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Privately owned pier - timber deck - beware of edges and drops into water	1.3	2.1
308	C214(h)	<b>C214(h) - Cowal Way Glenbranter to Portavadie</b>	Easy	2 1/4 miles / 3.3 Km / allow - 1 hr	Path- Single Track Road, / Slope - steep / Partial Waymarking / Obstacles- part of the National Cycle Network	2.1	3.3
309	C214(i)	<b>C214(i) - Cowal Way Glenbranter to Portavadie</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- Private Road, / Slope - flat / Partial Waymarking	0.4	0.6
953	C214(j)	<b>C214(j) - LLNP boundary to Portavadie (Cowal Way)</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- road / Slope - moderate / Not Waymarked / Obstacles-	0.1	0.1
310	C214(k)	<b>C214(k) - Cowal Way Glenbranter to Portavadie</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Path- Single Track Road, / Slope - steep / Partial Waymarking / Obstacles- part of the National Cycle Network	0.3	0.5
954	C214(l)	<b>C214(l) - LLNP boundary to Portavadie (Cowal Way)</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Path- Single Track Road, / Slope - steep / Partial Waymarking / Part of the National Cycle Network	0.2	0.3
311	C214(m)	<b>C214(m) - Cowal Way Glenbranter to Portavadie</b>	Moderate	6 miles / 9.6 Km / allow - 3 hrs	Path- Single Track Road, / Slope - moderate/ Partial Waymarking / Obstacles- part of the National Cycle Network	6.0	9.6
313	C214(n)	<b>C214(n) - Cowal Way Glenbranter to Portavadie</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Partial Waymarking / Obstacles- Bridge/s steps, farm gates	0.9	1.5
312	C214(o)	<b>C214(o) - Cowal Way Glenbranter to Portavadie</b>	Not Graded	4 miles / 6.3 Km / allow - 2 1/4 hrs	Path- stone track & trod earth / Slope - steep / Partial Waymarking / Obstacles- Bridge/s steps, farm gates	3.9	6.3
238	C215	<b>C215 - Glendaruel to Otter Ferry</b>	Moderate	5 1/2 miles / 9.1 Km / allow - 3 hrs	Path- road / Slope - steep / Not Waymarked / Obstacles- Bridge/s cattle grid, all on public road	5.7	9.1
142	C216	<b>C216 - Kilbride Farm to Kilbride Bay</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles- farm gates	0.8	1.3
317	C217(a)	<b>C217(a) - Otter Ferry to Blairs Ferry, Kames</b>	Easy	3 1/2 miles / 5.6 Km / allow - 1 3/4 hrs	Path- Single Track Road / Slope - moderate / Not Waymarked	3.5	5.6
318	C217(b)	<b>C217(b) - Otter Ferry to Blairs Ferry, Kames</b>	Easy	3 1/4 miles / 5.2 Km / allow - 1 3/4 hrs	Path- Single Track Road / Slope - moderate / Not Waymarked	3.2	5.2
322	C217(c)	<b>C217(c) - Otter Ferry to Blairs Ferry, Kames</b>	Easy	2 3/4 miles / 4.1 Km / allow - 1 1/4hr	Path- Single Track Road / Slope - moderate / Not Waymarked	2.5	4.1
319	C217(d)	<b>C217(d) - Otter Ferry to Blairs Ferry, Kames</b>	Easy	4 3/4 miles / 7.3 Km / allow - 2 1/4 hrs	Path- Single Track Road / Slope - moderate / Not Waymarked	4.5	7.3
320	C217(e)	<b>C217(e) - Otter Ferry to Blairs Ferry, Kames</b>	Easy	3 miles / 4.7 Km / allow - 1 1/2 hrs	Path- Single Track Road / Slope - moderate / Not Waymarked	2.9	4.7
146	C218	<b>C218 - Ardlamont Point</b>	Not Graded	1 mile / 1.6 Km / allow - 1/2 hr	Path- stone track / Slope - gentle / Not Waymarked / Obstacles- farm gates, all on public road	1.0	1.6
509	C219(a)	<b>C219(a) - Portavadie to Stillaig circular</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- trod earth, stone track & road / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s steps, section on public road	0.4	0.6
879	C219(b)	<b>C219(b) - Portavadie to Stillaig circular</b>	Easy	1/4 mile / 0.0 Km / allow - 5 mins	Path- Single Track Road / Slope - gentle / Waymarked	0.0	0.0
508	C219(c)	<b>C219(c) - Portavadie to Stillaig circular</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- trod earth, stone track & road / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s steps	1.2	1.9
128	C219(d)	<b>C219(d) - Portavadie to Stillaig circular</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- trod earth, stone track & road / Slope - gentle / Waymarked / Obstacles- Kissing Gate/s steps	1.2	1.9
507	C219(e)	<b>C219(e) - Portavadie to Stillaig circular</b>	Easy	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- Single Track Road / Slope - gentle / Waymarked	0.6	0.9
880	C220(a)	<b>C220(a) - Strachur village back road</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- trod earth / Slope - flat / Not Waymarked / Obstacles- Kissing Gate/s	0.1	0.2
224	C220(b)	<b>C220(b) - Strachur village back road</b>	Easy	3/4 mile / 0.9 Km / allow - 1/2 hr	Path- Residential road / Slope - flat / Not Waymarked / Obstacles- Kissing Gate/s	0.6	0.9

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
222	C221(a)	<b>C221(a) - Cowal Way - Strachur to Lochgoilhead</b>	Easy	1 1/2 miles / 2.3 Km / allow - 3/4 hr	Path- Single Track Road / Slope - gentle / Waymarked / Obstacles- Bridge/s cattle grid, farm gate	1.5	2.3
314	C221(b)	<b>C221(b) - Cowal Way - Strachur to Balliebeg</b>	Easy	1 1/4 miles / 1.6 Km / allow - 1/2 hr	Path- Single Track Road / Slope - gentle / Waymarked / Obstacles- Bridge/s cattle grid, farm gate	1.0	1.6
138	C222	<b>C222 - Ardyne to Toward Quay</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- road & stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s field gate, narrow gap <1.2m wide in fence	0.7	1.1
881	C223(a)	<b>C223(a) - Dunans loop to Inverack and LLTNP boundary</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- private road / Slope - moderate / Not Waymarked / Obstacles- Bridge/s farm gates	1.4	2.3
882	C223(b)	<b>C223(b) - Dunans loop to Inverack and LLTNP boundary</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Path- Short section of Single Track Road / Slope - moderate / Not Waymarked / Obstacles- Bridge/s farm gates	0.1	0.1
209	C223(c)	<b>C223(c) - Dunans loop to Inverack and LLTNP boundary</b>	Not Graded	3 miles / 4.5 Km / allow - 1 3/4 hrs	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- Bridge/s farm gates	2.8	4.5
239	C225	<b>C225 - Dunoon to Sandbank (High Road)</b>	Easy	2 1/4 miles / 3.5 Km / allow - 1 1/4hr	Path- Footway beside road / Slope - gentle / Not Waymarked / Obstacles- all on pavement	2.2	3.5
150	C226	<b>C226 - Bird Garden to Ardnadam</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - gentle / Not Waymarked / Obstacles- Bridle Gate/s Stile/s farm gate	0.8	1.2
11	C227(a)	<b>C227(a) - Alexander Street (rear) path network, Dunoon</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - gentle / Not Waymarked	0.2	0.3
761	C227(b)	<b>C227(b) - Alexander Street (rear) path network, Dunoon</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - gentle / Not Waymarked	0.2	0.3
762	C227(c)	<b>C227(c) - Alexander Street (rear) path network, Dunoon</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - gentle / Not Waymarked	0.2	0.3
758	C227(d)	<b>C227(d) - Alexander Street (rear) path network, Dunoon</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track & trod earth / Slope - gentle / Not Waymarked	0.1	0.1
763	C228(a)	<b>C228(a) - Corlarach loop trail to Bishops Glen</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- stone track / Slope - flat / Waymarked / Obstacles- farm gates, chicanes	0.8	1.2
765	C228(b)	<b>C228(b) - Corlarach loop trail to Bishops Glen</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Path- stone track / Slope - flat / Waymarked / Obstacles- farm gates, chicanes	1.3	2.1
249	C228(c)	<b>C228(c) - Corlarach loop trail to Bishops Glen</b>	Not Graded	2 miles / 3.2 Km / allow - 1 1/4hr	Path- stone track / Slope - flat / Waymarked / Obstacles- farm gates, chicanes	2.0	3.2
286	C228(d)	<b>C228(d) - Corlarach loop trail to Bishops Glen Bullwood link</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track / Slope - flat / Waymarked / Obstacles- farm gates, chicanes	1.1	1.8
9	C229(a)	<b>C229(a) - Berry Burn to Bishops Glen</b>	Not Graded	1 1/2 miles / 2.0 Km / allow - 3/4 hr	Path- stone track / Slope - steep / Waymarked / Obstacles-	1.3	2.0
764	C229(b)	<b>C229(b) - Berry Burn to Bishops Glen</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track / Slope - steep / Waymarked / Obstacles-	0.1	0.1
287	C230(a)	<b>C230(a) - Rhubodach Ferry to circular route (WIW), Bute</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- Single Track road / Slope - moderate / Not Waymarked	0.5	0.8
212	C230(b)	<b>C230(b) - Rhubodach Ferry to circular route (WIW), Bute</b>	Not Graded	2 miles / 3.0 Km / allow - 1 hr	Path- stone track & grass / Slope - moderate / Not Waymarked / Obstacles- farm gates	1.8	3.0
780	C230(c)	<b>C230(c) - Rhubodach Ferry to circular route (WIW), Bute</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track & grass / Slope - moderate / Not Waymarked / Obstacles- farm gates	1.1	1.8
240	C232(a)	<b>C232(a) - Port Bannatyne to Ascog, Bute</b>	Not Graded	2 3/4 miles / 4.2 Km / allow - 1 1/2 hrs	Path- Footway beside road / Slope - flat / Not Waymarked	2.6	4.2
766	C232(b)	<b>C232(b) - Port Bannatyne to Ascog, Bute</b>	Easy	1 mile / 1.4 Km / allow - 1/2 hr	Path- Footway beside road / Slope - flat / Not Waymarked	0.9	1.4
767	C232(c)	<b>C232(c) - Port Bannatyne to Ascog, Bute</b>	Easy	2 miles / 3.2 Km / allow - 1 hr	Path- Footway beside road / Slope - flat / Not Waymarked	2.0	3.2
883	C233(a)	<b>C233(a) - Port Bannatyne to Ettrick bay, Bute</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles- Kissing Gate/s farm gate	0.2	0.4
884	C233(b)	<b>C233(b) - Port Bannatyne to Ettrick bay, Bute</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- Footway beside road / Slope - moderate / Not Waymarked / Obstacles- Kissing Gate/s farm gate	0.6	1.0
213	C233(c)	<b>C233(c) - Port Bannatyne to Ettrick bay, Bute</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- stone track beside road / Slope - moderate / Not Waymarked / Obstacles- Kissing Gate/s farm gate	1.5	2.5
885	C234(a)	<b>C234(a) - Glen More from B875 West Island Way, Bute</b>	Easy	1 3/4 miles / 2.6 Km / allow - 1 hr	Path- Single Track Road / Slope - moderate / Not Waymarked	1.6	2.6
136	C234(b)	<b>C234(b) - Glen More from B875 West Island Way, Bute</b>	Not Graded	1 3/4 miles / 2.8 Km / allow - 1 hr	Path- stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles- Stile/s farm gate	1.7	2.8
768	C234(c)	<b>C234(c) - Glen More from B875 West Island Way, Bute</b>	Not Graded	1 3/4 miles / 2.5 Km / allow - 1 hr	Path- stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles- Stile/s farm gate	1.6	2.5
202	C235(a)	<b>C235(a) - Ettrick Bay to Clate Point, Bute</b>	Easy	1 1/2 miles / 2.2 Km / allow - 3/4 hr	Path- Single Track Road / Slope - flat / Not Waymarked	1.4	2.2

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
769	C235(b)	<b>C235(b) - Ettrick Bay to Clate Point, Bute</b>	Easy	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- Single Track Road / Slope - flat / Not Waymarked	1.2	1.9
92	C236	<b>C236 - Ettrick Bay to B878 Straad, Bute</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- road, stone track & trod earth / Slope - flat / Not Waymarked / Obstacles-	0.8	1.3
886	C237(a)	<b>C237(a) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.4	0.6
887	C237(b)	<b>C237(b) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- Single Track Road / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.1	0.1
770	C237(c)	<b>C237(c) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	1.2	2.0
888	C237(d)	<b>C237(d) - Port Bannatyne to Kichattan Bay, Bute</b>	Easy	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.8	1.3
771	C237(e)	<b>C237(e) - Port Bannatyne to Kichattan Bay, Bute</b>	Easy	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.9	1.5
959	C237(f)	<b>C237(f) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.2	0.4
960	C237(g)	<b>C237(g) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.4	0.6
204	C237(h)	<b>C237(h) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	4 miles / 6.4 Km / allow - 2 1/4 hrs	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	4.0	6.4
772	C237(i)	<b>C237(i) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	3 1/4 miles / 4.9 Km / allow - 2 hrs	Path- Section on Footway beside Road & Stone Track / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	3.0	4.9
773	C237(j)	<b>C237(j) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	0.2	0.3
775	C237(k)	<b>C237(k) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	1.2	1.9
338	C237(l)	<b>C237(l) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	2 1/4 miles / 3.5 Km / allow - 1 1/4hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	2.2	3.5
774	C237(m)	<b>C237(m) - Port Bannatyne to Kichattan Bay, Bute</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 3/4 hr	Path- stone track, boardwalk & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s Kissing Gate/s Stile/s farm gate	1.0	1.6
961	C237(n)	<b>C237(k) - Port Bannatyne to Kichattan Bay, Bute</b>	Easy	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- Single Track Road / Slope - gentle / Waymarked	0.4	0.7
139	C238	<b>C238 - Ardscaipsie to Tarmore Hill viewpoint, Bute</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Path- trod earth & grass / Slope - steep / Not Waymarked / Obstacles- Stile/s farm gate, crosses A844	0.3	0.5
113	C239(a)	<b>C239(a) - A844 to Scalpsie Bay, Bute</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- trod earth & grass / Slope - moderate / Not Waymarked / Obstacles- farm gate	0.2	0.4
302	C239(b)	<b>C239(b) - Scalpsie coastal path link to C238, Bute</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- trod earth & grass / Slope - moderate / Not Waymarked / Obstacles- farm gate	0.5	0.8
0	C240	<b>C240 - Townhead to Lochly jetty, Rothesay</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track / Slope - flat / Not Waymarked / Obstacles-	0.7	1.1
211	C241	<b>C241 - Townhead to Lochend, Bute</b>	Easy	1 mile / 1.4 Km / allow - 1/2 hr	Path- road / Slope - steep / Not Waymarked / Obstacles- all path on public road and pavement	0.9	1.4
889	C242(a)	<b>C242(a) - Townhead to Barone Hill and Barone Road, Bute</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- road, stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles-	0.1	0.1
190	C242(b)	<b>C242(b) - Townhead to Barone Hill and Barone Road, Bute</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- road, stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles-	0.3	0.4
778	C242(c)	<b>C242(c) - Townhead to Barone Hill and Barone Road, Bute</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- road, stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles-	0.1	0.2
639	C242(d)	<b>C242(d) - Townhead to Barone Hill and Barone Road, Bute</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- road, stone track & trod earth / Slope - moderate / Not Waymarked / Obstacles-	0.4	0.7
151	C243	<b>C243 - Kilchattan Bay to Hawks Nib, Bute</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- Bridle Gate/s Stile/s farm gate	1.4	2.3
949	C244(a)	<b>C244(a) - Kilchattan Bay to Blackpark Plantation, Bute</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track & grass / Slope - moderate / Not Waymarked	0.1	0.1
890	C244(b)	<b>C244(b) - Kilchattan Bay to Blackpark Plantation, Bute</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Single Track Road/ Slope - flat / Not Waymarked	0.3	0.4
6	C244(c)	<b>C244(c) - Kilchattan Bay to Blackpark Plantation, Bute</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track & grass / Slope - moderate / Not Waymarked / Obstacles- farm gate	0.4	0.7
891	C244(d)	<b>C244(d) - Kilchattan Bay to Blackpark Plantation, Bute</b>	Easy	1/4 mile / 0.3 Km / allow - 10 mins	Path- Single Track Road/ Slope - flat / Not Waymarked	0.2	0.3
89	C246	<b>C246 - St Blains Church, Kilchattan Bay</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- grass / Slope - steep / Waymarked / Obstacles- Bridle Gate/s farm gate	0.4	0.6

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
640	C247(a)	<b>C247(a) - Dunagoil, St Blanes, Bute</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- road, stone track, grass & trod earth / Slope - moderate / Waymarked / Obstacles- section on public road	0.5	0.8
210	C247(b)	<b>C247(b) - Dunagoil, St Blanes, Bute</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- road, stone track, grass & trod earth / Slope - moderate / Waymarked / Obstacles- section on public road	0.5	0.8
892	C247(c)	<b>C247(c) - Dunagoil, St Blanes, Bute</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- road, stone track, grass & trod earth / Slope - moderate / Waymarked / Obstacles- section on public road	0.1	0.1
641	C247(d)	<b>C247(d) - Dunagoil, St Blanes, Bute</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- Single Track Road, / Slope - moderate / Waymarked	0.4	0.6
893	C248(a)	<b>C248(a) - Port Bannatyne to West Island Way link, Bute</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Footway in residential area/ Slope - moderate / Not Waymarked	0.2	0.4
264	C248(b)	<b>C248(b) - Port Bannatyne to West Island Way link, Bute</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Not Waymarked	0.4	0.7
894	C248(c)	<b>C248(c) - Port Bannatyne to West Island Way link, Bute</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- Footway in residential area/ Slope - moderate / Not Waymarked	0.4	0.6
215	C249	<b>C249 - Port Bannatyne to Gortans, Bute</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track, trod earth & grass / Slope - moderate / Waymarked / Obstacles- farm gate	0.6	1.0
895	C250(a)	<b>C250(a) - Skeoch Wood, Rothesay</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Footway in residential area/ Slope - steep / Not Waymarked	0.1	0.2
216	C250(b)	<b>C250(b) - Skeoch Wood, Rothesay</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Not Waymarked	0.7	1.1
644	C250(c)	<b>C250(c) - Skeoch Wood, Rothesay</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track & trod earth / Slope - steep / Not Waymarked	0.2	0.3
645	C250(d)	<b>C250(d) - Skeoch Wood, Rothesay</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Path- stone track & trod earth / Slope - steep / Not Waymarked / Obstacles - Steps	0.0	0.0
217	C251(a)	<b>C251(a) - Argyll Street to Ballochgoy, Bute</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Path- Single Track Road / Slope - steep / Not Waymarked	0.2	0.2
896	C251(b)	<b>C251(b) - Argyll Street to Ballochgoy, Bute</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- tarmac off road / Slope - steep / Not Waymarked	0.1	0.1
897	C251(c)	<b>C251(c) - Argyll Street to Ballochgoy, Bute</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Single Track Road / Slope - steep / Not Waymarked	0.1	0.2
460	C252(a)	<b>C252(a) - Serpentine Road, Rothesay</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.1	0.2
647	C252(b)	<b>C252(b) - Serpentine Road, Rothesay</b>	Easy	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- Footway beside residential road / Slope - steep / Not Waymarked / Obstacles - Need to cross the road several times between sections of footway and across streets	0.7	1.1
646	C252(c)	<b>C252(c) - Serpentine Road, Rothesay</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- Stone Track and grass / Slope - steep / Not Waymarked	0.8	1.2
898	C252(d)	<b>C252(d) - Serpentine Road, Rothesay</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.1	0.1
899	C253(a)	<b>C253(a) - Bishops Terrace/Bogany Wood/Eastlands Road, Bute</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.2	0.2
900	C253(b)	<b>C253(b) - Bishops Terrace/Bogany Wood/Eastlands Road, Bute</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track & trod earth / Slope - steep / Waymarked	1.0	1.5
901	C253(c)	<b>C253(c) - Bishops Terrace/Bogany Wood/Eastlands Road, Bute</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.1	0.2
250	C253(d)	<b>C253(d) - Bishops Terrace/Bogany Wood/Eastlands Road, Bute</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track & trod earth / Slope - steep / Waymarked	1.1	1.8
96	C254(a)	<b>C254(a) - Battery Place to Bogany Wood, Bute</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.1	0.2
902	C254(b)	<b>C254(b) - Battery Place to Bogany Wood, Bute</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- Tarmac Path through garden area / Slope - steep / Not Waymarked	0.1	0.1
903	C255(a)	<b>C255(a) - Leopold Road to Bogany Wood, Bute</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.1	0.2
214	C255(b)	<b>C255(b) - Leopold Road to Bogany Wood, Bute</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track & trod earth / Slope - steep / Not Waymarked	0.1	0.2
85	C259	<b>C259 - Cardross to Kipperoch Farm and ABC boundary</b>	Not Graded	1 3/4 miles / 2.7 Km / allow - 1 hr	Path- stone track / Slope - steep / Not Waymarked	1.7	2.7
141	C260(a)	<b>C260(a) - Carmen Road, Cardross</b>	Easy	1 mile / 1.4 Km / allow - 1/2 hr	Path- Single Track Road / Slope - steep / Waymarked	0.9	1.4
904	C260(b)	<b>C260(b) - Carmen Road, Cardross</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- Stone Track/ Slope - steep / Waymarked	0.4	0.6
461	C260(c)	<b>C260(c) - Carmen Road, Cardross</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- Stone Track/ Slope - steep / Waymarked	1.2	1.9



Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
462	C261(a)	<b>C261(a) - Darieth Golf Course - Kilmahew Circular</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track, trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s	0.4	0.7
463	C261(b)	<b>C261(b) - Darieth Golf Course - Kilmahew Circular</b>	Not Graded	1 1/2 miles / 2.0 Km / allow - 3/4 hr	Path- stone track, trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s	1.3	2.0
464	C261(c)	<b>C261(c) - Darieth Golf Course - Kilmahew Circular</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track, trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s	0.2	0.3
465	C262(a)	<b>C262(a) - Darieth Rd/Stonemollen Rd, Geilston to ABC boundary</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- Single Track Road / Slope - steep / Not Waymarked	0.5	0.8
76	C262(b)	<b>C262(b) - Darieth Rd/Stonemollen Rd, Geilston to ABC boundary</b>	Easy	1 3/4 miles / 2.7 Km / allow - 1 hr	Path- Single Track Road / Slope - steep / Not Waymarked	1.7	2.7
905	C262(c)	<b>C262(c) - Darieth Rd/Stonemollen Rd, Geilston to ABC boundary</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- Bridge/s farm gates	0.9	1.4
788	C263(a)	<b>C263(a) - Red Rd to Darleith Rd Lyleston to Kirkton</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- Stone Track / Slope - steep / Not Waymarked	0.9	1.5
467	C263(b)	<b>C263(b) - Red Rd to Darleith Rd Lyleston to Kirkton</b>	Easy	1/4 mile / 0.3 Km / allow - 10 mins	Path- Single Track Road / Slope - steep / Not Waymarked	0.2	0.3
466	C263(c)	<b>C263(c) - Red Rd to Darleith Rd Lyleston to Kirkton</b>	Easy	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- Single Track Road / Slope - steep / Not Waymarked	1.2	2.0
468	C264(a)	<b>C264(a) - Ardmore Point Circular, Cardross</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- Single Track Road / Slope - flat / Not Waymarked / Obstacles- path passes over a level crossing	0.5	0.8
208	C264(b)	<b>C264(b) - Ardmore Point Circular, Cardross</b>	Not Graded	2 miles / 3.0 Km / allow - 1 1/4hr	Path- Stone Track, Trod Earth / Slope - flat / Not Waymarked	1.9	3.0
56	C265	<b>C265 - Garaway Glen, Helensburgh</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road & trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s Bridle Gate/s	0.7	1.2
207	C266	<b>C266 - Cycle Path Pier to Arden (ABC boundary)</b>	Easy	2 3/4 miles / 4.2 Km / allow - 1 1/4hr	Path- road / Slope - gentle / Waymarked / Obstacles- Bridge/s farm gates	2.6	4.2
906	C267(a)	<b>C267(a) - Old Luss Road, Helensburgh</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Path- Footway beside residential road / Slope - steep / Not Waymarked	0.5	0.9
206	C267(b)	<b>C267(b) - Old Luss Road, Helensburgh</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- stone track, grass & trod earth / Slope - steep / Not Waymarked / Obstacles- farm gates	1.1	1.7
205	C268	<b>C268 - Old Luss Road to New School site</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road / Slope - gentle / Not Waymarked / Obstacles- all on pavement	0.8	1.2
907	C269(a)	<b>C269(a) - Havelock Street to Old Luss Road</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- Footway beside residential road / Slope - flat / Not Waymarked	0.1	0.1
22	C269(b)	<b>C269(b) - Havelock Street to Old Luss Road</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Tarmac Path across park / Slope - flat / Not Waymarked	0.1	0.2
908	C270(a)	<b>C270(a) - Old Luss Road to Sinclair Street</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Tarmac Path across park / Slope - flat / Not Waymarked	0.1	0.2
178	C270(b)	<b>C270(b) - Old Luss Road to Sinclair Street</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- Footway beside residential road / Slope - flat / Not Waymarked	0.6	1.0
109	C271	<b>C271 - Abercromby Crescent to Blackhill Plantation</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track / Slope - moderate / Waymarked / Obstacles-	0.2	0.4
189	C272	<b>C272 - Skating pond, Helensburgh</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- road / Slope - flat / Waymarked / Obstacles-	0.4	0.6
335	C273(a)	<b>C273(a) - Blackhill Plantation</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track, trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Bridle Gate/s	0.9	1.4
336	C273(b)	<b>C273(b) - Blackhill Plantation</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track, trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s Bridle Gate/s	0.2	0.3
14	C274	<b>C274 - Sinclair Street to Duchess Woods</b>	Easy	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- road / Slope - gentle / Waymarked / Obstacles- all on pavement	0.7	1.1
24	C275(a)	<b>C275(a) - Three Lochs Way, Helensburgh</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s, Bridle gates	0.9	1.4
909	C275(b)	<b>C275(b) - Three Lochs Way, Helensburgh</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s, Bridle gates	0.3	0.4
25	C275(c)	<b>C275(c) - Three Lochs Way, Helensburgh</b>	Easy	1 mile / 1.6 Km / allow - 1/2 hr	Path- Single Track Road / Waymarked	1.0	1.6
601	C276(a)	<b>C276(a) - Duchess Woods, Helensburgh</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates	0.4	0.7
469	C276(b)	<b>C276(b) - Duchess Woods, Helensburgh</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- Bridge/s farm gates	0.6	1.0
910	C278(a)	<b>C278(a) - Rhu Bay to Highlandmans Wood</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s farm gates	0.2	0.3



Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
911	C278(b)	<b>C278(b) - Rhu Bay to Highlandmans Wood</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Path-Footway along residential road / Slope - steep / Waymarked	0.5	0.9
179	C278(c)	<b>C278(c) - Rhu Bay to Highlandmans Wood</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridle Gate/s Kissing Gate/s farm gates	0.8	1.3
604	C279(a)	<b>C279(a) - Helensburgh Pier to Garelochhead via Shandon</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- Promenade beside road / Slope - flat / Not Waymarked	0.9	1.4
605	C279(b)	<b>C279(b) - Helensburgh Pier to Garelochhead via Shandon</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr	Path- Promenade beside road / Slope - flat / Not Waymarked	0.9	1.4
606	C279(c)	<b>C279(c) - Helensburgh Pier to Garelochhead via Shandon</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- Footway beside road / Slope - flat / Not Waymarked	0.6	1.0
607	C279(d)	<b>C279(d) - Helensburgh Pier to Garelochhead via Shandon</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Footway beside road / Slope - flat / Not Waymarked	0.3	0.4
608	C279(e)	<b>C279(e) - Helensburgh Pier to Garelochhead via Shandon</b>	Easy	2 miles / 3.0 Km / allow - 1 hr	Path- Footway beside road / Slope - flat / Not Waymarked	1.9	3.0
743	C279(f)	<b>C279(f) - Helensburgh Pier to Garelochhead via Shandon</b>	Easy	3 miles / 4.6 Km / allow - 1 1/2 hrs	Path- Footway beside road / Slope - flat / Not Waymarked	2.9	4.6
26	C280(a)	<b>C280(a) - Garelochhead to Loch Long Way</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Path- Tarmac path & Stone Track / Slope - steep / Not Waymarked / Obstacles- Bridge/s	0.3	0.5
912	C280(b)	<b>C280(b) - Garelochhead to Loch Long Way</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- Footway in Residential Road / Slope - steep / Not Waymarked	0.1	0.1
744	C280(c)	<b>C280(c) - Garelochhead to Loch Long Way</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Footway in Residential Road & Tarmac path / Slope - steep / Not Waymarked	0.2	0.4
27	C280(d)	<b>C280(d) - Garelochhead to Loch Long Way</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- Tarmac path / Slope - steep / Not Waymarked / Obstacles- Bridge/s	0.5	0.9
2	C281(a)	<b>C281(a) - Garelochhead link path</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- tarmac / Slope - flat / Not Waymarked	0.1	0.1
944	C281(b)	<b>C281(b) - Garelochhead link path</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Footway beside residential road	0.0	0.0
28	C282(a)	<b>C282(a) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Tarmac Path / Slope - steep / Not Waymarked	0.1	0.2
913	C282(b)	<b>C282(b) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- Part Footway beside single track road / Slope - steep / Not Waymarked	0.1	0.2
914	C282(c)	<b>C282(c) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Path- Part Footway beside single track road / Slope - steep / Not Waymarked	0.0	0.0
915	C282(d)	<b>C282(d) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track / Slope - steep / Not Waymarked / Obstacles- farm gates	0.1	0.1
916	C282(e)	<b>C282(e) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins	Path- stone track / Slope - steep / Not Waymarked / Obstacles- farm gates	0.0	0.0
31	C282(f)	<b>C282(f) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- farm gates	1.2	1.9
29	C282(g)	<b>C282(g) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- farm gates	0.9	1.5
30	C282(h)	<b>C282(h) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- farm gates	1.3	2.2
32	C282(i)	<b>C282(i) - Kilcreggan to Peaton Hill (Peninsula Path)</b>	Not Graded	1 1/4 miles / 2.0 Km / allow - 3/4 hr	Path- stone track / Slope - steep / Not Waymarked / Obstacles- farm gates	1.2	2.0
180	C283	<b>C283 - Clynder High Road</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road / Slope - steep / Not Waymarked / Obstacles- all on public road	0.7	1.2
167	C284(a)	<b>C284(a) - Clynder High Road to Penninsula path</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- grass & trod earth / Slope - steep / Not Waymarked / Obstacles- Kissing Gate/s farm gates	0.6	1.0
792	C284(b)	<b>C284(b) - Clynder High Road to Penninsula path</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- grass & trod earth / Slope - steep / Not Waymarked / Obstacles- Kissing Gate/s farm gates	0.3	0.5
77	C285	<b>C285 - Roseneath to Clachan Glen</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- road & grass / Slope - steep / Not Waymarked / Obstacles- farm gates	0.5	0.9
325	C286(a)	<b>C286(a) - Roseneath to Kilcreggan</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr	Path- Private road in caravan site / Slope - flat / Not Waymarked / Obstacles- farm gates	1.0	1.7
45	C286(b)	<b>C286(b) - Roseneath to Kilcreggan</b>	Not Graded	2 miles / 3.1 Km / allow - 1 1/4hr	Path- stone track, stone track & trod earth / Slope - flat / Not Waymarked / Obstacles- farm gates	1.9	3.1
917	C286(c)	<b>C286(c) - Roseneath to Kilcreggan</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Path- stone track, stone track & trod earth / Slope - flat / Not Waymarked / Obstacles- farm gates	0.1	0.2
326	C286(d)	<b>C286(d) - Roseneath to Kilcreggan</b>	Easy	3/4 mile / 1.3 Km / allow - 1/2 hr	Path- Private road to houses and business / Slope - flat / Not Waymarked	0.8	1.3

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
258	C288	<b>C288 - Portkill Bay to B833 Kilcreggan/Roseneath</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- road & trod earth / Slope - moderate / Not Waymarked / Obstacles- farm gates	0.8	1.3
329	C289(a)	<b>C289(a) - Kilcreggan to Auchengower Caravan Park</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- Footway beside road / Slope - gentle / Not Waymarked	0.2	0.3
330	C289(b)	<b>C289(b) - Kilcreggan to Auchengower Caravan Park</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- Footway beside road / Slope - gentle / Not Waymarked	0.8	1.2
265	C289(c)	<b>C289(c) - Kilcreggan to Auchengower Caravan Park</b>	Not Graded	2 1/4 miles / 3.3 Km / allow - 1 1/4hr	Path- Footway beside road / Slope - gentle / Not Waymarked	2.1	3.3
201	C290(a)	<b>C290(a) - School Road to Church Road via Fairfield Gardens</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Footway beside residential road / Slope - flat / Not Waymarked	0.2	0.4
918	C290(b)	<b>C290(b) - School Road to Church Road via Fairfield Gardens</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track / Slope - flat / Not Waymarked / Obstacles- Bridge/s steps, farm gates	0.2	0.3
919	C290(c)	<b>C290(c) - School Road to Church Road via Fairfield Gardens</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Path- Footway beside residential road / Slope - flat / Not Waymarked	0.2	0.3
331	C291	<b>C291 - School Road to Church Road</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Path- trod earth & grass / Slope - gentle / Not Waymarked / Obstacles-	0.3	0.5
169	C292(a)	<b>C292(a) - Ardbeg to Kildonan Church and Cross, Islay</b>	Easy	1 1/2 miles / 2.2 Km / allow - 3/4 hr	Path- Single Track Road / Slope - gentle / Not Waymarked	1.4	2.2
266	C292(b)	<b>C292(b) - Ardbeg to Kildonan Church and Cross, Islay</b>	Easy	2 3/4 miles / 4.2 Km / allow - 1 1/4hr	Path- Single Track Road / Slope - gentle / Not Waymarked	2.6	4.2
170	C292(c)	<b>C292(c) - Ardbeg to Kildonan Church and Cross, Islay</b>	Easy	1/4 mile / 0.4 Km / allow - 10 mins	Path- Single Track Road / Slope - gentle / Not Waymarked	0.2	0.4
16	C293	<b>C293 - Clachaig Water circular, Muasdale</b>	Not Graded	1 3/4 miles / 2.6 Km / allow - 1 hr	Path- stone track & trod earth / Slope - steep / Not Waymarked / Obstacles- Bridge/s	1.6	2.6
171	C295(a)	<b>C295(a) - Inverneil to Tarbert via Kilberry NCN</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- Single Track road / Slope - moderate / Waymarked / Promoted as part of National Cycle Network	0.8	1.2
347	C295(b)	<b>C295(b) - Inverneil to Tarbert via Kilberry NCN</b>	Easy	4 1/4 miles / 6.9 Km / allow - 2 1/4 hrs	Path- Single Track road / Slope - moderate / Waymarked / Promoted as part of National Cycle Network	4.3	6.9
348	C295(c)	<b>C295(c) - Inverneil to Tarbert via Kilberry NCN</b>	Strenuous	9 1/4 miles / 14.8 Km / allow - 4 1/2 hrs	Path- Single Track road / Slope - moderate / Waymarked / Promoted as part of National Cycle Network	9.2	14.8
172	C295(d)	<b>C295(d) - Inverneil to Tarbert via Kilberry NCN</b>	Strenuous	10 1/2 miles / 16.7 Km / allow - 5 1/4 hrs	Path- Single Track road / Slope - moderate / Waymarked / Promoted as part of National Cycle Network	10.4	16.7
349	C295(e)	<b>C295(e) - Inverneil to Tarbert via Kilberry NCN</b>	Easy	5 miles / 8.0 Km / allow - 2 1/2 hrs	Path- Single Track road / Slope - moderate / Waymarked / Promoted as part of National Cycle Network	5.0	8.0
226	C296(a)	<b>C296(a) - Achahoich to Achnamara</b>	Strenuous	10 1/2 miles / 16.7 Km / allow - 5 1/4 hrs	Path- Single Track Road / Slope - steep / Not Waymarked	10.4	16.7
305	C296(b)	<b>C296(b) - Achahoich to Achnamara</b>	Not Graded	3 1/2 miles / 5.4 Km / allow - 2 hrs	Path- Stone Track / Slope - very steep / Not Waymarked / Obstacles- farm gates, cattle grid	3.3	5.4
306	C296(c)	<b>C296(c) - Achahoich to Achnamara</b>	Easy	4 miles / 6.2 Km / allow - 2 hrs	Path- Single Track Road / Slope - moderate / Not Waymarked	3.8	6.2
350	C297	<b>C297 - Kilmartin to Ormaig link to 143</b>	Not Graded	1 1/2 miles / 2.2 Km / allow - 1 hr	Path- stone track / Slope - moderate / Not Waymarked / Obstacles- farm gates, cattle grids	1.4	2.2
236	C298	<b>C298 - Ardfern to Craignish Point car park</b>	Easy	4 miles / 6.3 Km / allow - 2 hrs	Path- road / Slope - flat / Not Waymarked / Obstacles- all on public road	3.9	6.3
920	C299(a)	<b>C299(a) - Crinan Harbour to Crinan Basin</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Path- Single Track Road / Slope - flat / Not Waymarked	0.1	0.1
229	C299(b)	<b>C299(b) - Crinan Harbour to Crinan Basin</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- trod earth / Slope - moderate / Not Waymarked / Obstacles- narrow gap next to hotel, steps, path crosses public road	0.2	0.4
357	C299(c)	<b>C299(c) - Crinan Harbour to Crinan Basin</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- trod earth / Slope - moderate / Not Waymarked / Obstacles- narrow gap next to hotel, steps, path crosses public road	0.2	0.3
359	C300(a)	<b>C300(a) - Kilchrenan to Taynuilt</b>	Easy	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- Single Track Road / Slope - moderate / Waymarked / Part of the National Cycle Network	0.7	1.1
360	C300(b)	<b>C300(b) - Kilchrenan to Taynuilt</b>	Moderate	5 1/4 miles / 8.4 Km / allow - 2 1/2 hrs	Path- Single Track Road / Slope - moderate / Waymarked / Part of the National Cycle Network	5.2	8.4
361	C300(c)	<b>C300(c) - Kilchrenan to Taynuilt</b>	Moderate	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- Single Track Road / Slope - moderate / Waymarked / Part of the National Cycle Network	0.8	1.2
230	C301	<b>C301 - Benderloch to Tralee</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr	Path- road / Slope - flat / Not Waymarked / Obstacles- the path is all on the public road	0.7	1.2
362	C302(a)	<b>C302(a) - Corlarach Car Park Link, Innellan</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate, chicane	0.3	0.4
95	C302(b)	<b>C302(b) - Corlarach Car Park Link, Innellan</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gate, chicane	0.5	0.7

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
365	C303(a)	<b>C303(a) - Cloanaig to Clachan (Kintyre Way)</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gate	1.4	2.3
363	C303(b)	<b>C303(b) - Cloanaig to Clachan (Kintyre Way)</b>	Not Graded	2 1/2 miles / 4.0 Km / allow - 1 1/2 hrs	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gate	2.5	4.0
364	C303(c)	<b>C303(c) - Cloanaig to Clachan (Kintyre Way)</b>	Not Graded	4 3/4 miles / 7.6 Km / allow - 3 hrs	Path- stone track / Slope - steep / Waymarked / Obstacles- Bridge/s farm gate	4.7	7.6
234	C304	<b>C304 - Glenbarr School route</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Path- road / Slope - flat / Not Waymarked / Obstacles- all on pavement	0.5	0.8
281	C305(a)	<b>C305(a) - Dalavich to Barnaline Lodge</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- trod earth, shore & shingle / Slope - flat / Not Waymarked	0.4	0.6
280	C305(b)	<b>C305(b) - Dalavich to Barnaline Lodge</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- trod earth, shore & shingle / Slope - flat / Not Waymarked	0.2	0.4
282	C305(c)	<b>C305(c) - Dalavich to Barnaline Lodge</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Path- trod earth, shore & shingle / Slope - flat / Not Waymarked	0.3	0.5
921	C305(d)	<b>C305(d) - Dalavich to Barnaline Lodge</b>	Easy	1/4 mile / 0.0 Km / allow - 5 mins	Path- Signle Track Road / Slope - flat / Not Waymarked	0.0	0.0
366	C306(a)	<b>C306(a) - Morags Fairy Glen, Dunoan</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- stone track , & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s steps, narrow bridge <1.2m wide	0.0	0.1
367	C306(b)	<b>C306(b) - Morags Fairy Glen, Dunoan</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- stone track , & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s steps, narrow bridge <1.2m wide	0.2	0.3
241	C306(c)	<b>C306(c) - Morags Fairy Glen, Dunoan</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins	Path- stone track , & trod earth / Slope - steep / Waymarked / Obstacles- Bridge/s Bridle Gate/s steps, narrow bridge <1.2m wide	0.3	0.5
114	C307	<b>C307 - Straad, to St Ninians Chapel, Bute</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr	Path- trod earth & grass / Slope - flat / Not Waymarked / Obstacles- farm gates	0.8	1.3
242	C308	<b>C308 - Glenshellach to Soroba, Oban</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr	Path- trod earth & road / Slope - gentle / Waymarked / Obstacles- Bridge/s steps, farm gate	0.5	0.8
368	C309(a)	<b>C309(a) - Kilmory to Red Lodge</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Path- Stone Track / Slope - gentle / Not Waymarked / Obstacles- Muddy Section	0.3	0.4
369	C309(b)	<b>C309(b) - Kilmory to Red Lodge</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- Stone Track / Slope - gentle / Not Waymarked / Obstacles- Many fallen trees	0.3	0.5
380	C310(a)	<b>C310(a) - Blarbuie woodland loop, Kilmory</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- road, stone track / Slope - moderate / Waymarked	0.2	0.3
381	C310(b)	<b>C310(b) - Blarbuie woodland loop, Kilmory</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Path- road, stone track / Slope - moderate / Waymarked	0.2	0.3
382	C310(c)	<b>C310(c) - Blarbuie woodland loop, Kilmory</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Path- road, stone track / Slope - moderate / Waymarked	0.3	0.5
379	C310(d)	<b>C310(d) - Blarbuie woodland loop, Kilmory</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins	Path- road, stone track / Slope - moderate / Waymarked	0.1	0.1
15	C311	<b>C311 - Rosneath to Clynder</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	Path- road / Slope - flat / Not Waymarked / Obstacles- all on public road or pavement	0.6	1.0
227	C312(a)	<b>C312(a) - Lochan Buic Forestry cycle route, Achnamara</b>	Not Graded	2 1/4 miles / 3.4 Km / allow - 1 1/4hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	2.1	3.4
922	C312(b)	<b>C312(b) - Lochan Buic Forestry cycle route, Achnamara</b>	Easy	3/4 mile / 1.1 Km / allow - 1/2 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	0.7	1.1
303	C314(a)	<b>C314(a) - NCN link at Upper Largie, Kilmartin</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	0.4	0.6
267	C314(b)	<b>C314(b) - NCN link at Upper Largie, Kilmartin</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr	Path- stone track / Slope - moderate / Waymarked / Obstacles- farm gates	0.5	0.9
103	C315	<b>C315 - Dun na Maraig, Achnabreck, Lochgilphead</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr	Mostly narrow stony path, with a section of forest road. Moderate slopes. Includes sections of wide boardwalk.	0.7	1.1
106	C316(a)	<b>C316(a) - Tobermory to Aros Park</b>	Moderate	1 1/4 miles / 1.9 Km / allow - 3/4 hr	Path- stone track, & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s	1.2	1.9
510	C316(b)	<b>C316(b) - Tobermory to Aros Park</b>	Moderate	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Path- stone track, & trod earth / Slope - moderate / Waymarked / Obstacles- Bridge/s	1.1	1.8
806	C316(c)	<b>C316(c) - Tobermory to Aros Park</b>	Moderate	1/4 mile / 0.0 Km / allow - 5 mins	Single Track Road / Slope - flat	0.0	0.0
301	C317	<b>C317 - Cnocnicoll Wood, Kerrycroy, Bute</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr		0.8	1.3
324	C319(a)	<b>C319(a) - Barbour road to Peaton Hill</b>	Easy	3/4 mile / 1.3 Km / allow - 1/2 hr	Single Track Road	0.8	1.3
328	C319(b)	<b>C319(b) - Barbour Road, Kilcreggan</b>	Easy	2 miles / 2.9 Km / allow - 1 hr	Single Track Road	1.8	2.9

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
23	C319(c)	<b>C319(c) - Barbour Road, Kilcreggan</b>	Easy	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Single Track Road	1.3	2.1
327	C319(d)	<b>C319(d) - Barbour Road, Kilcreggan</b>	Easy	1 1/4 miles / 1.9 Km / allow - 1/2 hr	Single Track Road	1.2	1.9
36	C322	<b>C322 - Dunbeg to Connel</b>	Easy	2 1/2 miles / 3.8 Km / allow - 1 1/4hr	Busy "A" Road	2.4	3.8
135	C323	<b>C323 - Drissaig to Inverinan via Gleann Meisean</b>	Not Graded	2 3/4 miles / 4.1 Km / allow - 1 1/2 hrs	Forestry Road	2.5	4.1
300	C324(a)	<b>C324(a) - Inverinan circular, Loch Aweaside</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr		0.9	1.4
513	C324(b)	<b>C324(b) - Inverinan circular, Loch Aweaside</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr		0.7	1.1
284	C325	<b>C325 - Ardanadam Heritage trail link to new forest road</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins		0.2	0.4
759	C326	<b>C326 - Barrapol to Balephuill Bay, Tiree</b>	Not Graded	1 mile / 1.6 Km / allow - 1/2 hr		1.0	1.6
339	C327	<b>C327 - Crinan Canal</b>	Flat Water Canoe	3 3/4 miles / 6.0 Km / allow - 2 hrs	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	3.8	6.0
340	C327(a)	<b>C327(a) - Crinan Canal - Core Path on water</b>	Flat Water Canoe	3 miles / 4.8 Km / allow - 1 1/2 hrs	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	3.0	4.8
341	C327(b)	<b>C327(b) - Crinan Canal- Core Path on water</b>	Flat Water Canoe	1/4 mile / 0.2 Km / allow - 5 mins	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.1	0.2
342	C327(c)	<b>C327(c) - Crinan Canal- Core Path on water</b>	Flat Water Canoe	3/4 mile / 1.0 Km / allow - 1/2 hr	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.6	1.0
343	C327(d)	<b>C327(d) - Crinan Canal - Core Path on water</b>	Flat Water Canoe	1/4 mile / 0.2 Km / allow - 5 mins	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.1	0.2
537	C327(e)	<b>C327(e) - Crinan Canal - Core Path on water</b>	Flat Water Canoe	1/4 mile / 0.2 Km / allow - 5 mins	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.1	0.2
538	C327(f)	<b>C327(f) - Crinan Canal - Core Path on water</b>	Flat Water Canoe	1/4 mile / 0.2 Km / allow - 5 mins	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.1	0.2
539	C327(g)	<b>C327(g) - Crinan Canal - Core Path on water</b>	Flat Water Canoe	1/4 mile / 0.2 Km / allow - 5 mins	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.2	0.2
540	C327(h)	<b>C327(h) - Crinan Canal - Core Path on water</b>	Flat Water Canoe	1/4 mile / 0.1 Km / allow - 5 mins	Paddle Trail - Flat water on Canal - You must portage around locks - use canoe pontoons to launch	0.1	0.1
587	C400	<b>C400 - Carsaig Arches, Carsaig Bay, Aird Ghlas, Mull</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr		0.9	1.5
610	C401	<b>C401 - Aird Ghlas to Carsaig Arches, Mull</b>	Not Graded	3 1/4 miles / 4.9 Km / allow - 2 hrs		3.1	4.9
611	C402	<b>C402 - Safe route to School, Toward</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	B Class Road	0.6	1.0
588	C403	<b>C403 - Port na Cuile - Seneval Wood, Carradale</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 1/2 hr		1.0	1.6
589	C404	<b>C404 - Port na Cuile, Carradale</b>	Easy	1/2 mile / 0.8 Km / allow - 1/4 hr	Single Track Road	0.5	0.8
612	C405(a)	<b>C405(a) - Port Righ, Carradale</b>	Not Graded	3/4 mile / 1.0 Km / allow - 1/2 hr		0.6	1.0
923	C405(b)	<b>C405(b) - Port Righ, Carradale</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Single Track Road	0.2	0.3
613	C406	<b>C406 - Otter Ferry Circular, Loch Fyne</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr		1.2	1.9
614	C407	<b>C407 - Keills to Bunnahabhain, Islay</b>	Easy	3 1/2 miles / 5.6 Km / allow - 1 3/4 hrs	Single Track Road	3.5	5.6
615	C408	<b>C408 - Glen Etive, new section</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr		0.4	0.6
616	C409(a)	<b>C409(a) - Glen Orchy B8074</b>	Strenuous	10 miles / 16.1 Km / allow - 5 hrs	Single Track Road	10.0	16.1
924	C409(b)	<b>C409(b) - Glen Orchy B8074</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr		0.6	0.9
730	C410(a)	<b>C410(a) - Kerrylammont to Kilchattan Bay, Bute</b>	Not Graded	1 1/4 miles / 1.9 Km / allow - 3/4 hr		1.2	1.9
793	C410(b)	<b>C410(b) - Kerrylammont to Kilchattan Bay, Bute</b>	Not Graded	1/2 mile / 0.5 Km / allow - 10 mins		0.3	0.5

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
729	C411	<b>C411 - Kerrylamont to Kingarth, Bute</b>	Easy	2 3/4 miles / 4.2 Km / allow - 1 1/4hr	Single Track Road	2.6	4.2
617	C412	<b>C412 - Kilkeneth, Tiree</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
618	C413	<b>C413 - Tom a' Mhoid, Roseneath</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
619	C414	<b>C414 - Silver Hills to Ferry Land, Roseneath</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1
620	C415	<b>C415 - Clachan Burn, Roseneath</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
621	C416(a)	<b>C416(a) - Spy's Lane to Torwood Hill, Rhu</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Public Road	0.3	0.5
925	C416(b)	<b>C416(b) - Spy's Lane to Torwood Hill, Rhu</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Public Road	0.2	0.3
926	C416(c)	<b>C416(c) - Spy's Lane to Torwood Hill, Rhu</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.2	0.2
699	C417(a)	<b>C417(a) - Duchess Wood Helensburgh</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr		0.3	0.5
622	C417(b)	<b>C417(b) - Duchess Woods circular, Helensburgh</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr		0.6	0.9
623	C418	<b>C418 - Kilmahew Farm to Milindovan, Cardross</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr		0.3	0.6
624	C419	<b>C419 - Laggan Bridge to Corrary, Bowmore, Islay</b>	Not Graded	2 1/2 miles / 3.8 Km / allow - 1 1/2 hrs		2.3	3.8
625	C420	<b>C420 - Three Arch Bridge to the Paps of Jura</b>	Not Graded	2 miles / 2.9 Km / allow - 1 hr		1.8	2.9
626	C421(a)	<b>C421(a) - Corran House to Three Arch Bridge, Jura</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
927	C421(b)	<b>C421(b) - Corran House to Three Arch Bridge, Jura</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Single Track Road	0.5	0.9
627	C422	<b>C422 - Evans Walk, Glen Batrick, Jura</b>	Not Graded	5 1/2 miles / 8.6 Km / allow - 3 1/4 hrs		5.4	8.6
708	C423	<b>C423 - Tarbert to Loch Tarbert, Jura</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr		0.9	1.5
628	C424	<b>C424 - Strone Hill walks Glen Lochy</b>	Moderate	1 1/4 miles / 1.8 Km / allow - 3/4 hr	Stone Paths / Slope Moderate / Way marked	1.1	1.8
629	C425	<b>C425 - Kilchurn Castle Path, Dalmally</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
630	C426(a)	<b>C426(a) - Fladda Circular, Cullipool, Luing</b>	Easy	3/4 mile / 1.0 Km / allow - 1/2 hr	Single Track Road	0.6	1.0
819	C426(b)	<b>C426(b) - Fladda Circular, Cullipool, Luing</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr		0.3	0.6
820	C426(c)	<b>C426(c) - Fladda Circular, Cullipool, Luing</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr		0.7	1.1
821	C426(d)	<b>C426(d) - Fladda Circular, Cullipool, Luing</b>	Easy	1/2 mile / 0.7 Km / allow - 1/4 hr	Single Track Road	0.5	0.7
631	C427	<b>C427 - Toberonochy to View Point</b>	Not Graded	1 mile / 1.5 Km / allow - 1/2 hr		0.9	1.5
632	C428(a)	<b>C428(a) - Pullpit Drive to Gallanach Raod, Oban</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Public Road	0.1	0.2
928	C428(b)	<b>C428(b) - Pullpit Drive to Gallanach Raod, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.0	0.1
929	C428(c)	<b>C428(c) - Pullpit Drive to Gallanach Raod, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.0	0.1
930	C428(d)	<b>C428(d) - Pullpit Drive to Gallanach Raod, Oban</b>	Not Graded	1/4 mile / 0.0 Km / allow - 5 mins		0.0	0.0
633	C429	<b>C429 - Mill Lane to Lochavullin Road, Oban</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
634	C430	<b>C430 - Balvicar Road to Soroba Road, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.0	0.1
635	C431	<b>C431 - Breadalbane Street to Dunollie Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
732	C432	<b>C432 - South Shian woodland SNH reserve</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr		1.1	1.8
636	C433(a)	<b>C433(a) - Soroba Road to An Dunan Park, Oban</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins		0.2	0.3
931	C433(b)	<b>C433(b) - Soroba Road to An Dunan Park, Oban</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Public Road	0.1	0.1
590	C434(a)	<b>C434(a) - Miller Road to An Dunan Park, Oban</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
932	C434(b)	<b>C434(b) - Miller Road to An Dunan Park, Oban</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Public Road	0.1	0.1
637	C435	<b>C435 - Glengallan Road to C308, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1
638	C436	<b>C436 - Ledaig to Achnacree beg, Noth Connel</b>	Easy	1 1/2 miles / 2.3 Km / allow - 3/4 hr	Public Road	1.4	2.3
448	C438	<b>C438 - Glean a Gealbhan to Arichonan, Tayvallich</b>	Moderate	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
449	C439	<b>C439 - Tayvallich Scholl to Hall</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
450	C440	<b>C440 - Cycle Path, Carradale</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins		0.2	0.3
451	C441	<b>C441 - Glennan to Clachandubh</b>	Easy	3/4 mile / 1.3 Km / allow - 1/2 hr	Single Track Road	0.8	1.3
452	C442(a)	<b>C442(a) - Prison Brae, Tobermory</b>	Easy	1/2 mile / 0.6 Km / allow - 1/4 hr	Public Road	0.4	0.6
790	C442(b)	<b>C442(b) - Prison Brae, Tobermory</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Public Road	0.1	0.2
453	C443	<b>C443 - View Point, Cnoc Dubh, Claonaig</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins		0.2	0.4
454	C444	<b>C444 - Oakfield to Eastfield, Tarbert</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins		0.3	0.4
455	C445	<b>C445 - Birdhide, White shore, Tarbert</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr		0.3	0.5
592	C447	<b>C447 - Darlochan to Stewarton, Campbeltown</b>	Easy	1 mile / 1.5 Km / allow - 1/2 hr	Public Road	0.9	1.5
456	C448	<b>C448 - Stewarton to Clochkeil, Campbeltown</b>	Easy	2 3/4 miles / 4.1 Km / allow - 1 1/4hr	Public Road	2.5	4.1
457	C449	<b>C449 - Dunaverty to Little Clet, Southend</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
458	C450	<b>C450 - Duncan Ban McIntyre monument, Dalmally</b>	Easy	1 1/2 miles / 2.2 Km / allow - 3/4 hr	Single Track Road	1.3	2.2
459	C451	<b>C451 - Cuan Ferry to Stac na Morain, Luig</b>	Not Graded	1 1/4 miles / 1.6 Km / allow - 1/2 hr		1.0	1.6
706	C452(a)	<b>C452(a) - Cullipool to Ferry Road, Luig</b>	Not Graded	1 1/4 miles / 2.0 Km / allow - 3/4 hr		1.2	2.0
705	C452(b)	<b>C452(b) - Cullipool to Ferry Road, Luig</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins		0.3	0.4
598	C453	<b>C453 - Dalraida Moneydrain Road-Dunamuck section</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr		0.5	0.7
561	C454	<b>C454 - Dalriada Dunamuck section</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr		1.1	1.8
593	C455	<b>C455 - Dalriada Dalvore-Dunadd section</b>	Not Graded	2 1/2 miles / 4.0 Km / allow - 1 1/2 hrs		2.5	4.0
594	C456(a)	<b>C456(a) - Dalriada Dalvore-Barsloisnach section</b>	Moderate	3/4 mile / 1.1 Km / allow - 1/2 hr	Single Track Road	0.7	1.1
795	C456(b)	<b>C456(b) - Dalriada Dalvore-Barsloisnach section</b>	Moderate	1/2 mile / 0.7 Km / allow - 1/4 hr	Single Track Road	0.4	0.7
595	C457	<b>C457 - Dalriada Barsloisnach - Slockavulin</b>	Not Graded	2 miles / 2.9 Km / allow - 1 hr		1.8	2.9
596	C458	<b>C458 - Dalriada No9 Lock Crinan Canal - Dunamuck</b>	Not Graded	2 miles / 3.0 Km / allow - 1 1/4hr		1.9	3.0
597	C459	<b>C459 - Dalraida Moneydrain Road - Achnabreck FC Park</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr		0.3	0.5

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562	C460	<b>C460 - Loch Barnaluasgan to Viewpoint</b>	Moderate	3/4 mile / 1.2 Km / allow - 1/2 hr		0.8	1.2
563	C461	<b>C461 - Dunaskeig, Clachan</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr		0.3	0.5
564	C462	<b>C462 - Portachoillean to Quinhill, Clachan</b>	Easy	1 3/4 miles / 2.6 Km / allow - 1 hr	Single Track Road	1.6	2.6
565	C463	<b>C463 - Dunaskaig Bay, Clachan</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
566	C464	<b>C464 - Mealdarroch to Kintyre Way, Tarbert</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr		0.8	1.2
567	C466	<b>C466 - B833 to Dun Daimh part circular Garelochhead</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr		1.3	2.1
568	C467	<b>C467 - B833 to Dun Daimh part circular Garelochhead</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr		0.7	1.1
720	C469(a)	<b>C469(a) - Peaton Hill Nature reserve, Garelochhead</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr		0.3	0.5
721	C469(b)	<b>C469(b) - Peaton Hill Nature reserve, Garelochhead</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
722	C469(c)	<b>C469(c) - Peaton Hill Nature reserve, Garelochhead</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
569	C474	<b>C474 - Hogh Bay, Coll</b>	Not Graded	3/4 mile / 1.2 Km / allow - 1/2 hr		0.7	1.2
570	C475	<b>C475 - Hough Bay, Tiree</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr		0.7	1.1
571	C476	<b>C476 - Loch a Phuill, Tiree</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1
697	C478	<b>C478 - Big Brae, Tarbert</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins		0.2	0.3
572	C479	<b>C479 - Extn to C192 View Point, Easdale</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1
573	C480	<b>C480 - RSPB Car Park to Port na Luing, Isle of Coll</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr		0.4	0.6
784	C481(a)	<b>C481(a) - Sorisdale, Coll</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins	Stone Track, grass and sand / Slope - Moderate	0.3	0.4
803	C481(b)	<b>C481(b) - Sorisdale, Coll</b>	Moderate	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road	0.0	0.1
574	C482	<b>C482 - Polvinister, Oban</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins		0.2	0.3
814	C483(a)	<b>C483(a) - Ballie Mhor to Culbuig dunes, Iona</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
725	C483(b)	<b>C483(b) - Ballie Mhor to Culbuig dunes, Iona</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr		0.4	0.7
724	C483(c)	<b>C483(c) - Ballie Mhor to Culbuig dunes, Iona</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Single Track Road	0.7	1.2
933	C483(d)	<b>C483(d) - Ballie Mhor to Culbuig dunes, Iona</b>	Easy	1/4 mile / 0.2 Km / allow - 5 mins	Single Track Road	0.1	0.2
726	C483(e)	<b>C483(e) - Ballie Mhor to Culbuig dunes, Iona</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr		0.6	0.9
723	C484	<b>C484 - Cuilbuig Dunes to Port na Curaich, Iona</b>	Not Graded	1 3/4 miles / 2.4 Km / allow - 1 hr		1.5	2.4
575	C485	<b>C485 - Bunesan to Ardtun, Mull</b>	Easy	3 miles / 4.7 Km / allow - 1 1/2 hrs	Single Track Road	2.9	4.7
576	C486	<b>C486 - Dun Dubh, Ford</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr		0.9	1.4
577	C487	<b>C487 - West Island Way new off road route, Bute</b>	Not Graded	4 1/4 miles / 6.8 Km / allow - 2 1/2 hrs		4.2	6.8
578	C488	<b>C488 - Dunloskin Wood, Dunoon</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr		0.5	0.9
796	C489	<b>C489 - Kilbride to Cologin, Lerags</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins		0.3	0.5
579	C490	<b>C490 - Dalavich, Loch Awe</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
580	C491	<b>C491 - Glenmore Road, Pullpit Hill, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1
581	C492	<b>C492 - Alma Terrace, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.0	0.1
582	C494	<b>C494 - Ardtun to Bunessan, Mull</b>	Easy	1 3/4 miles / 2.6 Km / allow - 1 hr	Single Track Road	1.6	2.6
470	C495	<b>C495 - Eilean Garbh, Gigha</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr		0.3	0.5
583	C496	<b>C496 - Barcaldine Cycle route</b>	Not Graded	1 1/4 miles / 1.8 Km / allow - 3/4 hr		1.1	1.8
584	C497	<b>C497 - Linne Mhuirich spur, Taynish</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
585	C498	<b>C498 - Sgeir an Fheoir, Taynish</b>	Not Graded	3/4 mile / 0.9 Km / allow - 1/2 hr		0.6	0.9
586	C499	<b>C499 - Portkil Point, Kilcreggan</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
599	C500(a)	<b>C500(a) - Witchwood to Kerrera Terrace, Oban</b>	Not Graded	1/4 mile / 0.3 Km / allow - 10 mins	Stone Track / Slope - Moderate / Obstacle - Bridle Gate	0.2	0.3
934	C500(b)	<b>C500(b) - Witchwood to Kerrera Terrace, Oban</b>	Easy	1/4 mile / 0.3 Km / allow - 5 mins	Footway Along Residential Road	0.2	0.3
935	C501(a)	<b>C501(a) - Corran Halls, Beallach an Righ Kerrera Terr, Oban</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Footway Along Residential Road	0.1	0.1
936	C501(b)	<b>C501(b) - Corran Halls, Beallach an Righ Kerrera Terr, Oban</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Stone Track / Slope - Moderate	0.2	0.2
688	C501(c)	<b>C501(c) - Corran Halls, Beallach an Righ Kerrera Terr, Oban</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Footway beside busy "A" Road	0.4	0.6
689	C502	<b>C502 - Corran Halls to Kerrera Terrace link, Oban</b>	Not Graded	1/2 mile / 0.5 Km / allow - 1/4 hr	Stone Track / Slope - Slight	0.3	0.5
690	C503	<b>C503 - Whitchwood to Dog Stone, Oban</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr	Stone Track / Slope - Slight	0.4	0.7
691	C504	<b>C504 - Kerrera Terrace, Glac Mhor, Oban</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr	Stone Track / Slope - Moderate	0.4	0.6
591	C505	<b>C505 - Arichonan, Tayvallich</b>	Moderate	1/4 mile / 0.3 Km / allow - 10 mins	Stone Track / Slope - Steep	0.2	0.3
692	C506	<b>C506 - Sutherlands Grove, Circular addition</b>	Moderate	1/2 mile / 0.6 Km / allow - 1/4 hr		0.4	0.6
693	C508	<b>C508 - Glen Aros, Mull</b>	Moderate	2 1/4 miles / 3.5 Km / allow - 1 1/4hr		2.2	3.5
694	C509	<b>C509 - Coille na Sroine, Salen, Mull</b>	Not Graded	1 1/2 miles / 2.3 Km / allow - 1 hr		1.4	2.3
786	C511	<b>C511 - Ardnave Point, Loch Gruinart, Islay</b>	Not Graded	3 1/4 miles / 5.0 Km / allow - 2 hrs		3.1	5.0
695	C512	<b>C512 - Octofad to Portnahave</b>	Easy	1 3/4 miles / 2.8 Km / allow - 1 hr	Single Track Road	1.7	2.8
696	C513	<b>C513 - Broxwood bird hide, Sandbank</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
698	C514	<b>C514 - Benderloch to Port Selma</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr		0.8	1.3
701	C515	<b>C515 - Bunessan to Uisken, Mull</b>	Easy	3 miles / 4.7 Km / allow - 1 1/2 hrs	Single Track Road	2.9	4.7
704	C516	<b>C516 - Carn Bhuilg circular, Melldalloch, Kilfinan</b>	Not Graded	4 miles / 6.1 Km / allow - 2 1/4 hrs		3.8	6.1
702	C517(a)	<b>C517(a) - Inverawe to Glenkinglass</b>	Not Graded	3 1/4 miles / 5.1 Km / allow - 2 hrs		3.1	5.1
700	C517(b)	<b>C517(b) - Inverawe to Glenkinglass</b>	Not Graded	2 1/4 miles / 3.5 Km / allow - 1 1/4hr		2.2	3.5
703	C517(c)	<b>C517(c) - Inverawe to Glen Kinglass</b>	Not Graded	1 3/4 miles / 2.4 Km / allow - 1 hr		1.5	2.4
709	C519	<b>C519 - Dalintart to Luachrach Loch</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr		1.0	1.7
710	C520	<b>C520 - Loch Nell to Glencruitten, Oban</b>	Not Graded	2 1/4 miles / 3.4 Km / allow - 1 1/4hr		2.1	3.4



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711	C521	<b>C521 - Glenreaddell to Kintyre Way, Skipness</b>	Not Graded	3 1/2 miles / 5.3 Km / allow - 2 hrs		3.3	5.3
713	C522	<b>C522 - Dalmally Village Old Road</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr		0.4	0.7
707	C523	<b>C523 - Loch Nant, Loch Aweside</b>	Not Graded	3 miles / 4.7 Km / allow - 1 3/4 hrs		2.9	4.7
715	C525	<b>C525 - North Ailey Road, Cove</b>	Easy	1/2 mile / 0.9 Km / allow - 1/4 hr	Single Track Road	0.5	0.9
714	C526	<b>C526 - Inverawe to Dun Mor</b>	Not Graded	1 mile / 1.3 Km / allow - 1/2 hr		0.8	1.3
937	C527(a)	<b>C527(a) - Knockderry Rd, Cove</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
938	C527(b)	<b>C527(b) - Knockderry Rd, Cove</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road	0.1	0.1
716	C527(c)	<b>C527(c) - Knockderry Rd, Cove</b>	Not Graded	1/2 mile / 0.6 Km / allow - 1/4 hr		0.4	0.6
939	C528(a)	<b>C528(a) - Dalmally Circular</b>	Easy	3/4 mile / 1.2 Km / allow - 1/2 hr	Single Track Road	0.7	1.2
717	C528(b)	<b>C528(b) - Dalmally Circular</b>	Not Graded	3/4 mile / 1.1 Km / allow - 1/2 hr		0.7	1.1
940	C528(c)	<b>C528(c) - Dalmally Circular</b>	Easy	1/4 mile / 0.3 Km / allow - 10 mins	Single Track Road	0.2	0.3
718	C529	<b>C529 - Lismore museum</b>	Easy	2 3/4 miles / 4.3 Km / allow - 1 1/2 hrs	Single Track Road	2.7	4.3
719	C530	<b>C530 - Cairnbaan to Dunamuck cup and ring marked stones</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins		0.3	0.5
727	C531	<b>C531 - Gylen Castle, Kerrera</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
728	C532	<b>C532 - Campbells Glen, Skipness</b>	Not Graded	1/2 mile / 0.8 Km / allow - 1/2 hr		0.5	0.8
731	C533	<b>C533 - Kintyre Way at Ronachan House, Clachan</b>	Not Graded	1/2 mile / 0.9 Km / allow - 1/2 hr		0.5	0.9
712	C534	<b>C534 - St Catherines Church and Poll More Bay, Gigha</b>	Not Graded	1 1/4 miles / 1.7 Km / allow - 3/4 hr		1.0	1.7
789	C535	<b>C535 - McIntyre Terrace to Aros, Lochgilphead</b>	Not Graded	1/4 mile / 0.5 Km / allow - 10 mins		0.3	0.5
153	C536	<b>C536 - Feochan Gdns to Lonan Dr, Soroba, Oban</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins		0.2	0.4
156	C537	<b>C537 - Drumfad Wood, short-cut, Helensburgh</b>	Not Graded	1/2 mile / 0.7 Km / allow - 1/4 hr		0.4	0.7
154	C538	<b>C538 - Buessan Shore Road, Mull</b>	Easy	1 1/2 miles / 2.1 Km / allow - 3/4 hr	Single Track Road	1.3	2.1
155	C539	<b>C539 - Creag Bhan view point, Gigha</b>	Not Graded	1 mile / 1.4 Km / allow - 1/2 hr		0.9	1.4
157	C540	<b>C540 - Abercrombie Ct/Golfhill Dr, Helensburgh</b>	Easy	1/2 mile / 0.9 Km / allow - 1/2 hr	Public Road with Footway	0.6	0.9
158	C541	<b>C541 - Appin Terrace Link to Cycle Path</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.1	0.1
159	C542	<b>C542 - Strathlea Appin Link to Cycle Path</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins		0.1	0.2
160	C543	<b>C543 -Port Beag Slipway, Oban</b>	Not Graded	1/4 mile / 0.1 Km / allow - 5 mins		0.0	0.1
941	C544(a)	<b>C544(a) - Forest Lodge, Black Mount, Bridge of Orchy</b>	Easy	1/2 mile / 0.5 Km / allow - 10 mins	Single Track Road	0.3	0.5
161	C544(b)	<b>C544(b) - Forest Lodge, Black Mount, Bridge of Orchy</b>	Not Graded	3 miles / 4.5 Km / allow - 1 3/4 hrs		2.8	4.5
162	C545	<b>C545 - Pulpit Hill Druim Mor ridge, Oban</b>	Not Graded	1 1/2 miles / 2.1 Km / allow - 3/4 hr		1.3	2.1
163	C546(a)	<b>C546(a) - Kerrera Ferry to Hutchisons Monument, Kerrera</b>	Not Graded	2 3/4 miles / 4.4 Km / allow - 1 1/2 hrs		2.7	4.4
942	C546(b)	<b>C546(b) -Kerrera Ferry to Hutchisons Monument, Kerrera</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road	0.0	0.1

Shapefile FID (Unique Ref No.)	Path No.	Full Path Name	Path Grade	Walk Length, Walking Time	Path Information	Length Miles	Length KM
164	C547(a)	<b>C547(a) - Benvoullin Gdns, Oban</b>	Not Graded	1/4 mile / 0.2 Km / allow - 5 mins	Tarmac Path / Slope - Moderate	0.1	0.2
943	C547(b)	<b>C547(b) - Benvoullin Gdns, Oban</b>	Easy	1/4 mile / 0.1 Km / allow - 5 mins	Single Track Road	0.1	0.1
165	C548	<b>C548 -Henderson Croft, Portnahaven, Islay</b>	Not Graded	1/4 mile / 0.4 Km / allow - 10 mins		0.2	0.4

