



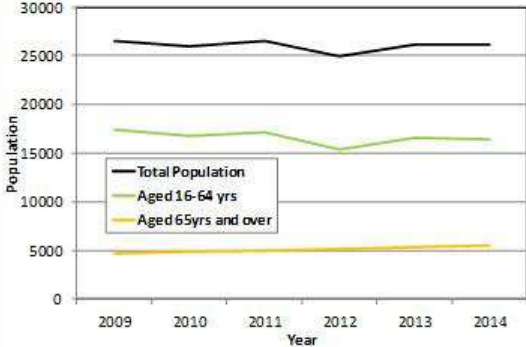
# Locality Profile Information – Helensburgh and Lomond



## How many people live here?



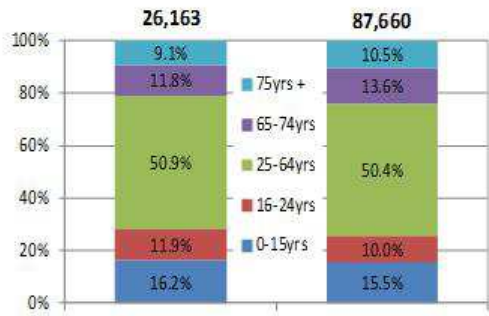
### Population Over Time



**Summary:** Whilst the working age population of Helensburgh & Lomond has been fluctuating over recent years, the 65yrs and over population has been steadily increasing.

**Source:** National Records of Scotland (NRS) Small Area Population Estimates (SAPE). Best fit of 2001 and 2011 datazones to locality area.

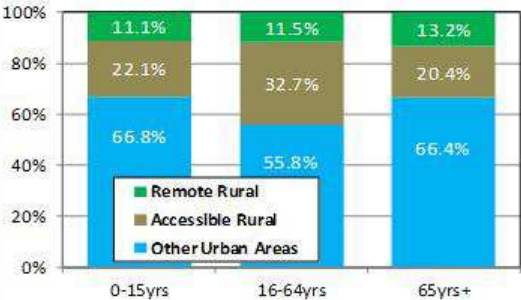
### Population by Age



**Summary:** Helensburgh & Lomond has a lower proportion of 65s and over, than Argyll and Bute as a whole.

**Source:** National Records of Scotland (NRS) Small Area Population Estimates (SAPE), Mid Year 2014. Best fit of 2011 datazone to locality area.

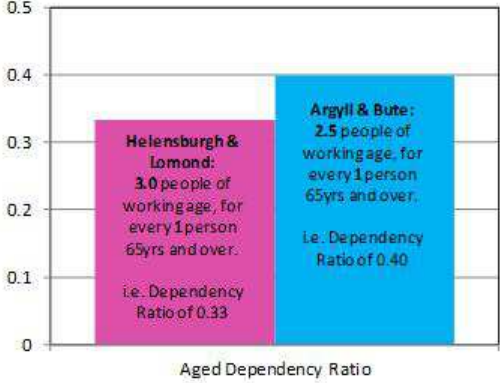
### Population by Urban/Rural Classification



**Summary:** Approximately a third of the 65 and over age group live in a rural area. 20% in Accessible Rural (i.e. <3,000 pop'n to nearest settlement of 10,000), and 13% in Remote Rural (i.e. <3,000 pop'n with >30min drive to nearest settlement of 10,000).

**Source:** NRS Small Area Population Estimates, 2014. Scottish Government 6-fold Urban-Rural Classification 2012. Best fit of 2011 datazone to locality area.

### Dependency Ratio



**Summary:** Helensburgh & Lomond's Aged Dependency Ratio is the lowest of all localities in Argyll & Bute, at 0.33, i.e. has more working age people to support those 65yrs and over, than the Argyll & Bute population as a whole.

**Note:** The dependency ratio ignores the fact that not all of those 65+ are necessarily dependent (an increasing proportion of whom are working) and that many of those of 'working age' are not actually working.

**Source:** Calculated from National Records of Scotland Small Area Population Estimates, Mid Year 2014. Best fit of 2011 datazone to locality area.

**No access to a private car:**  
 'Remote Rural', 13%  
 'Accessible Rural', 14%  
 'Other Urban Areas', 30%

**Source:** Estimates based upon a sample of 100 people, Scottish Household Survey, 2014.

**Helensburgh and Lomond Locality**

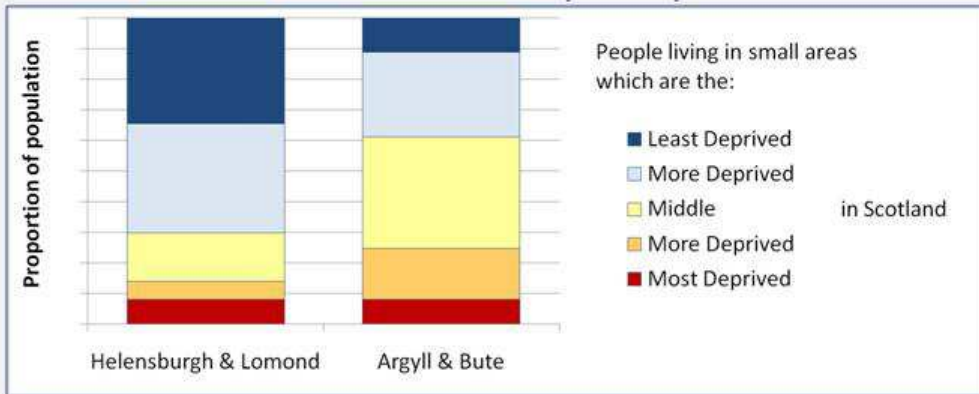
# Locality Profile Information – Helensburgh and Lomond



## What circumstances do people live in?



### Scottish Index of Multiple Deprivation

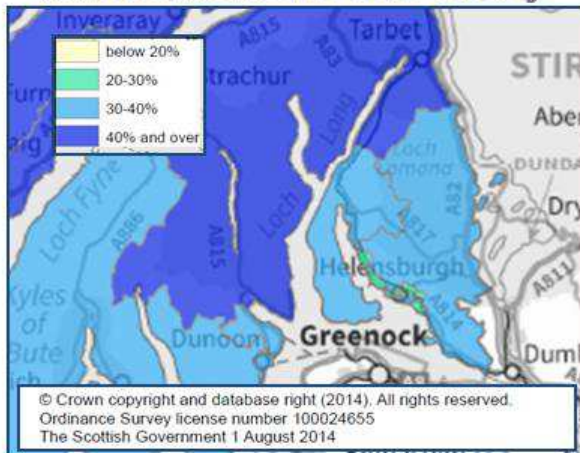


**Summary:** 8% of the population of the Helensburgh and Lomond live within one of the 20% most deprived areas in Scotland. These areas are within Helensburgh and Garelochhead. 34% of the population of Helensburgh and Lomond live within the least deprived areas in Scotland.

**Be aware that:** Where populations in small areas are from mixed socio-economic backgrounds, which is more common in rural areas, deprivation may be hidden in this measure.

**Source:** 2013 Mid-year population estimates, National Records of Scotland. Scottish Index of Multiple Deprivation 2012, Scottish Government. Data best-fit of 2001 datazones to locality areas.

### % households in Fuel Poverty



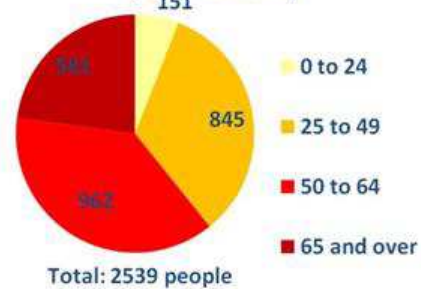
**Summary:** Within Helensburgh and Lomond, 20-40% of households are estimated to be in fuel poverty. In Helensburgh 20-30% of households are estimated to be in fuel poverty (in all but the centre).

**Be aware that:** Data based on 2001 intermediate geography and are estimated from a model. Different estimates of fuel poverty exist from different sources. All indicate relatively high levels of fuel poverty in rural areas of Argyll and Bute.

**Source:** Local Indicators of Fuel Poverty, 2014, Scottish Government.

### Unpaid care

Number of people reporting providing unpaid care by age (census 2011)

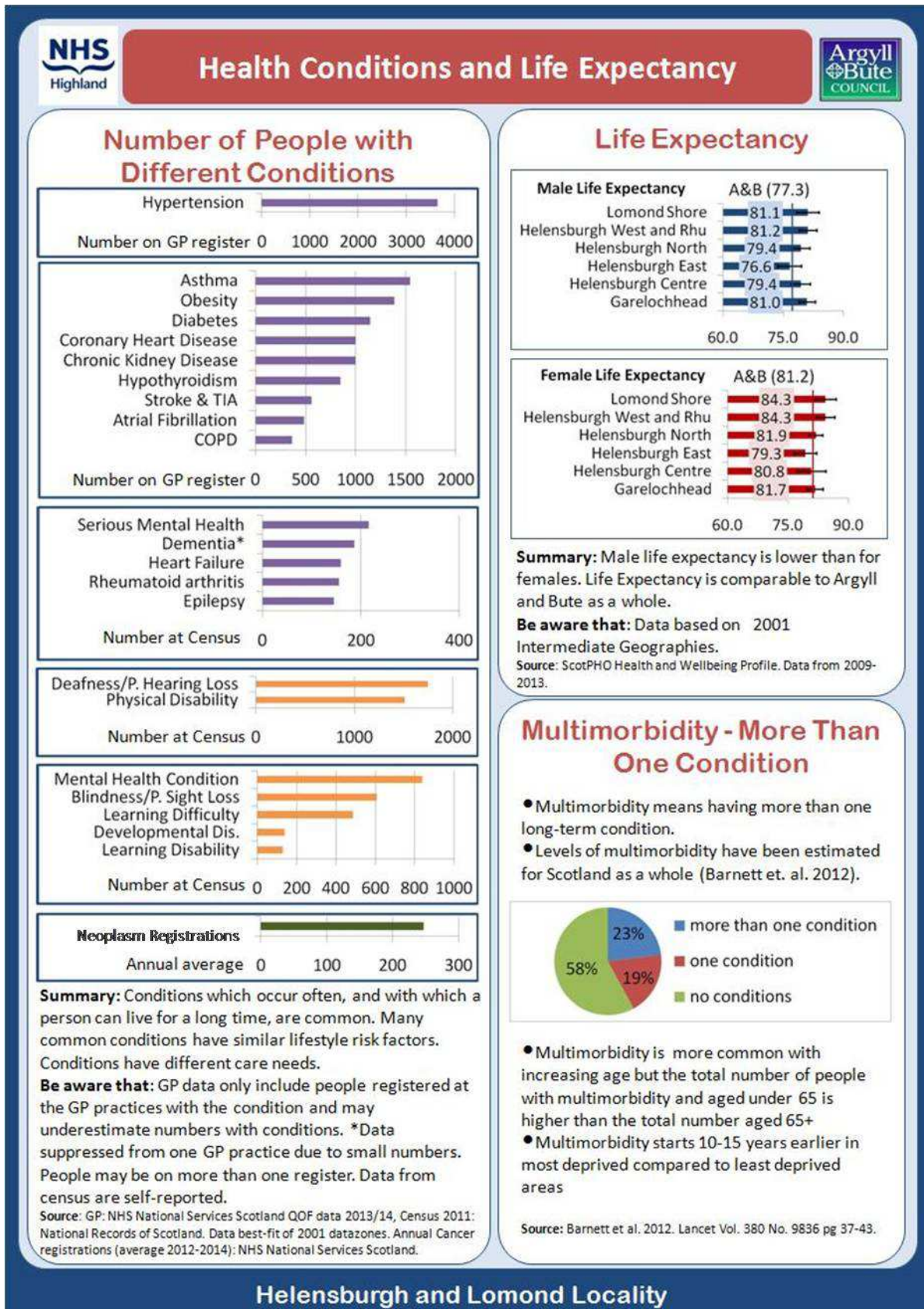


**Summary:** 2539 out of 24459 people living in households reported providing unpaid care. An Argyll and Bute survey found that 60% of carers received some support in their role but that 40% did not.


**Be aware that:** There are likely to be more unpaid carers than reported; people providing care for family/friends do not always consider themselves to be carers.

**Source:** National Records of Scotland, Census 2011. Best fit of 2001 datazones to locality area. Argyll and Bute Citizens' panel 2014 Health and Wellbeing Survey.


# Locality Profile Information – Helensburgh and Lomond



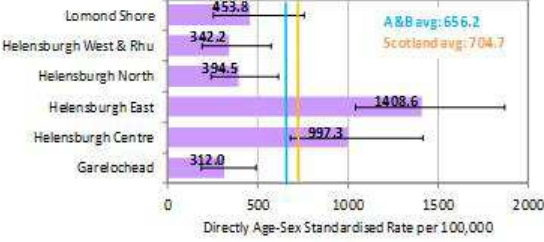
# Locality Profile Information – Helensburgh and Lomond



Health and Social Care Risk Behaviours



### Alcohol Related Hospital Stays



Locality	Directly Age-Sex Standardised Rate per 100,000
Lomond Shore	453.8
Helensburgh West & Rhu	342.2
Helensburgh North	394.5
Helensburgh East	1408.6
Helensburgh Centre	997.3
Garelochhead	312.0
<b>A &amp; B avg:</b>	<b>656.2</b>
<b>Scotland avg:</b>	<b>704.7</b>

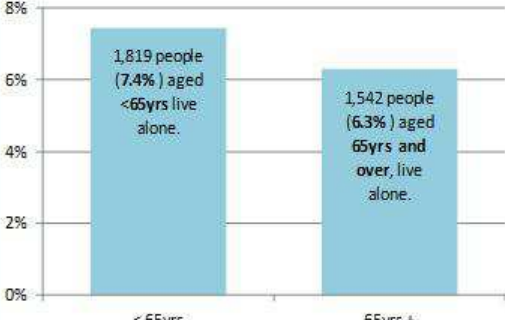
**Summary:** Rates of Alcohol-related hospital stays in the Helensburgh & Lomond locality are below or around the Argyll & Bute and Scottish averages, with the exception of Helensburgh East & Helensburgh Centre. Many alcohol-related hospital stays could be prevented.

**Definition:** General acute inpatient and day case stays with a diagnosis of alcohol misuse in any diagnostic position: number and directly age-sex standardised rate per 100,000 population. Data based on 2001 Intermediate Geographies.

**Source:** Scottish Public Health Observatory (ScotPHO), 2013/14 financial year. CI 95%.

### Isolation

#### Single Households in Helensburgh & Lomond




Age Group	Percentage of People Living Alone
<65yrs	7.4% (1,819 people)
65yrs +	6.3% (1,542 people)

**Summary:** People living alone may be at risk of social isolation.

**Source:** Scotland Census 2011. % of people living in households. Data best-fit of 2001 datazones to locality area.


### Physical Activity

A source for data on physical activity for Helensburgh & Lomond residents was not available. The following relates to Scotland as a whole.





**Results from the Scottish Health Survey estimate that people age 16+ spend an average of 5.75hrs sedentary per day.**


Source: Scottish Health Survey 2013.



**30 mins walk x 5 days per week, can reduce the risk of ...**

 Stroke  
30%

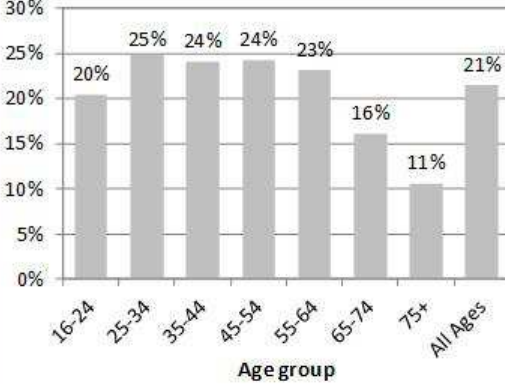
 Breast Cancer  
20%

 Live for <9yrs longer

Source: Scottish Government (2014), *Let's Get Scotland Walking, The National Walking Strategy*, p.15.

### Smoking

A source for data on smoking for Helensburgh & Lomond residents was not available. The following relates to Scotland as a whole.



Age group	Smoking Prevalence (%)
16-24	20%
25-34	25%
35-44	24%
45-54	24%
55-64	23%
65-74	16%
75+	11%
All Ages	21%


**Summary:** Smoking prevalence could be further reduced.

**Note:** Excludes those who reported smoking only cigars or pipes.


**Source:** Scottish Health Survey 2013.

Helensburgh and Lomond Locality

# Locality Profile Information – Helensburgh and Lomond



## Health and Social Care Partnership Services



### Local Services (not every service type is included)

**GP/Health Centres**

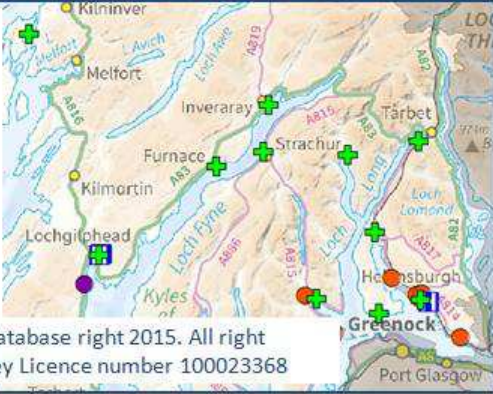
- + GP/Health Centres

**Hospitals**

- H Hospitals

**Care Homes**

- Local Authority
- Private



© Crown copyright and database right 2015. All rights reserved. Ordnance Survey Licence number 100023368

**Adult Care Homes:**

- Argyll Care Centre
- Clyde View House
- Lochside Care Home
- Morar Lodge Care Home
- Northwood House Care Home

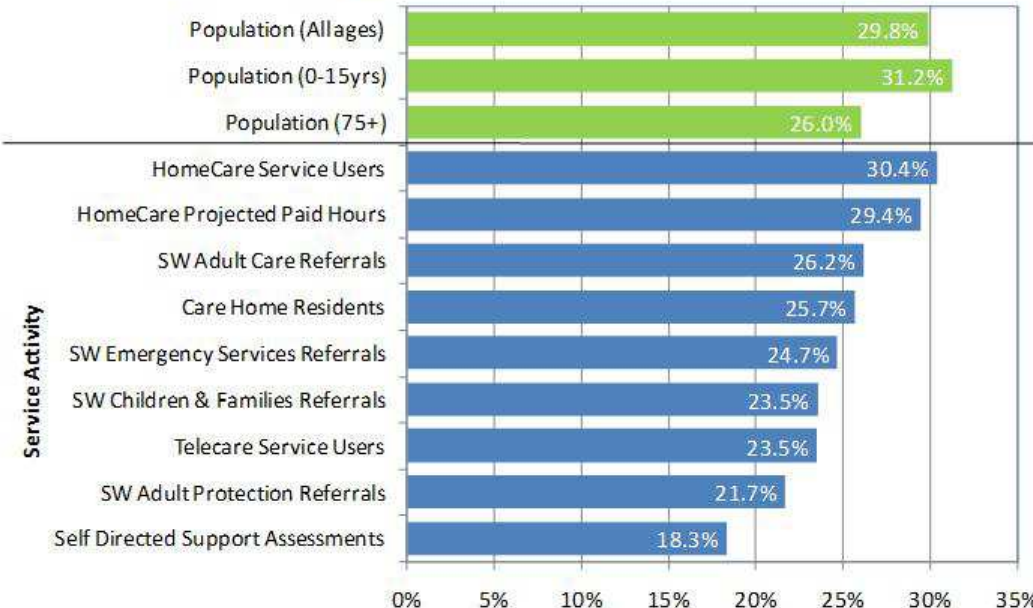
**Home Care Providers:**

- Allied Healthcare
- Care UK
- Carewatch
- Enable
- Joans
- Key Community Supports
- M&J
- Mears
- Premier Healthcare
- Quality Care
- Carers Direct
- Carr Gomm

<p><b>Adult Day Service/Care :</b></p> <p>The Oasis Day Centre (Garelochhead)</p>	<p><b>Children's residential:</b></p> <p>Helensburgh Childrens Unit</p>	<p><b>GPs:</b></p> <p>Arrochar Surgery Garelochhead Health Centre Dr Brown &amp; Partners Dr MacLeod &amp; Partners Kilcreggan Health Centre</p>
---	---	--

**Third Sector:**  
A range of community support services

### Locality Service Activity as Percentage of Argyll & Bute Total, FY14/15



Service Activity	Percentage
Population (All ages)	29.8%
Population (0-15yrs)	31.2%
Population (75+)	26.0%
HomeCare Service Users	30.4%
HomeCare Projected Paid Hours	29.4%
SW Adult Care Referrals	26.2%
Care Home Residents	25.7%
SW Emergency Services Referrals	24.7%
SW Children & Families Referrals	23.5%
Telecare Service Users	23.5%
SW Adult Protection Referrals	21.7%
Self Directed Support Assessments	18.3%

**Note:** Population figures shown as percentage of the equivalent population of Argyll & Bute. All data relates to financial year 2014/15, except 'Self Directed Support Assessments' which are cumulated data from 01/04/14.

**Source:** Social Work Dept., Argyll & Bute Council (CareFirst, CMS & Telecare Access Database).

## Helensburgh and Lomond Locality

## Locality Profile Information – Helensburgh and Lomond

